



# PRESIDENT'S MESSAGE

## ROTARY INTERNATIONAL

**Jennifer Jones**  
Rotary International President



**Pres. Ali Morales**

**President**  
Rotary Club of Baguio

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District Governor

**Gov. Digna Ragasa**  
Vice Governor

**Dan Torres**  
Assistant Governor

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**Dir. Glen Flores**  
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**Dir. Tonton Tan**  
Director

**Rtn. Bert Talco**  
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**IPP Arnel Cabanisas**  
Immediate Past President

*"The power of youth is the common wealth for the entire world. The faces of young people are the faces of our past, our present and our future. No segment in the society can match with the power, idealism, enthusiasm and courage of the young people."  
- Kailash Satyarthi*

**F**ellow members of the Rotary Club of Baguio, Spouses, Kids, Families, Friends and Guests of Rotary, Good afternoon.

"Youth" month is Rotary's theme for May 2023. May we welcome our club's Group-Host, the Dynamic TeamBre, (Team Baguio Rotarians Empowered) led by Past President Diony. Let us also welcome our baby Rotarian, Arlene Joy Sumalag who will do her classification talk this afternoon.

We also thank our April's Host, Team V Squad led by the Venus-President Nominee Susan. Thank you too to our last week's Guest of Honor and Speaker, Engr. Benjamin Ventura, the Assistant Regional Director of the Department of Environment and Natural Resources, Cordillera Administrative Region (DENR - CAR) for an engaging and educational presentation of their office's projects for this year 2023.

This week started with a cluster 1C project together with the Department of Health - Baguio on the MR-OPV SIA Kickoff Activity (Measles Rubella - Oral Polio Vaccine Supplemental Immunization Activity), a project on End Polio Plus, which was held last Tuesday, May 02, 2023 at the Malcolm Square. Thank you Rtn Nancy for attending this worthwhile project and for representing the Rotary Club of Baguio.

There are 16 RHUs in our very own City. Cluster 1C Secretary suggested that the 16 barangays be divided among the clubs in the cluster, wherein we offered to be with the RHU of the Loakan barangay, since we have adopted their child development centers (day care centers). In that way, we have an extensive presence in our adopted CDCs, not only in terms of Basic Education and Literacy, thru Project 1, but also to one of RI's major project - Eradicating Polio Plus. We are encouraging our dear members to please support this immunization activity. The date of which shall be announced in our chat room, once we get the final date.

Let us also thank our Global Grant Guru(s), PP Gerard, PP Chris F and PP Bert on their Wednesday (May 03, 2023) afternoon meeting for

## PRESIDENT'S MESSAGE

another round of answering PP Annie Shin's queries. Surely, their dedication and passion to this Global Grant will pave the way for its successful approval and implementation. Kudos to the three of you.

Yesterday, Friday May 05, 2023, Dir Lou and I dropped by Tiong San Bazaar, to look at the Smart TV (WIFI and Blue Tooth ready) , we were planning to purchase for the our 11 adopted CDCs. The said planned purchase was made possible thru our District Grant Application (DG # 2343899) submitted to District Gov Ann Lorenzana together with an MOU , one of the requisites before we can avail of the DGF. In line with this, (yours truly) the RC Baguio President of this RY committed for a USD 18,000.00 TRF donation from our club, which we are still in the process of completing the said amount, of course with your help, dear members of RC Baguio, where in your President is very confident to reach this goal by the end of May 2023 because of you, our club members - magnanimity.

The discounted cost of one 42 – inch Astron Smart TV and its bracket is PhP 8,900.00 and PhP 162.00 respectively for a total cost of PhP 99,682.00. The said equipment shall be delivered to the said schools before the end of this RY with a MOA signing between the respective CDC and our club.

This project will benefit our less fortunate learners, and that they may become more competitive and also be at par with the private sector as far as having this facility is concerned.

Thank you very much for your donation to The Rotary Foundation, wherein a portion of our donation comes back , for us to implement some of our projects and that we can again say, at the end of the day, the Rotary Club of Baguio made and will make a difference to the community(ies) it serves.

While we thank, our April Birthday Celebrants (Past Presidents Marilyn, Atom and Veeh and Dir Tonton) for their treats of ice cream and cakes, may we also greet our PP Ben and PP Gerard who celebrated their special natal days on May 03 and 04, 2023 respectively, a very Happy Birthday, we wish you the best of health, and may all your wishes and prayers be granted. God bless you more.

Let me end my corner with our very own National Hero – Dr. Jose Rizal's quote "The youth is the hope of our future."

Have a great weekend ahead !!!

# CLUB SPEAKER'S PROFILE

**Arlene Joy K. Sumalag**

Entrepreneur

## Work Experience

### **Proprietor**

**Marciana's Handicrafts**

*2009 - Present*

### **Project Manage**

Locate Translate in Dubai

*2021-2022*

### **Online English Tutor**

Engoo PH (Engoo is an Online English Learning Platform)

*2020-2021*

## Education

### **Post Grad**

Juris Doctor

University of the Cordilleras

*2015-2017*

### **BS in Nursing**

Easter College

*2011*

### **Highschool**

*San Jose Highschool*

*2006*

# SECRETARY'S REPORT

## THEME

Youth Service Month



**Sec/PP Baby Kaur**

Secretary / Past President  
Rotary Club of Baguio



## Events and Activities for the Month of April

02 May **Chikiting Ligtas**

Attended by: Rtn. Nancy

## UPCOMING ACTIVITIES

20 May

**District Training Assembly  
2023**

10 Jun

**Club Assembly**

17 Jun

**Club Evaluation**

24 June

**Year-End Review**

## Attendance Update as of 29 April 2023

PP Gerard Audneau, PP Veeh Balajo, PP Marilyn Barredo, Dir. Reymund Barrios, Dir. Lorena Cachola, PP Mia Cawed, PP Diony Claridad, RTn. Ike Dulnoan, PP Chris Faelnar, Sec. Baby Kaur, PP Alfred Laygo, PP Gigi Maranan, PP Atom Mendalla, Pres. Ali Morales, PE Cora Ocampo, Rtn. Levy Orcales, Rtn. Eduard Ramos, Rtn. Arlene Sumalag, Dir. Tonton Tan, & Rtn. Annie Viernes

WE WISH TO SEE YOU NEXT MEETING

Dir. Mariver Agayas, Rtn. Jody Alabanza (exc), Rtn. Nancy Alabanza (mu), Rtn. Bess Aniban, Rtn. Modz Bahul, Rtn. Toni Boguen, PP Jun Bondoc, IPP Arnel Cabanisas, Rtn. Vangie Cacho, PP Anet Calabias (mu), PP Raffy Chan (exc), Rtn. Gab Exibia, PP Lani Fabi (mu), PP Cy Fagar (exc), PP Libby Fernandez (mu), Dir. Glen Flores, Rtn. Eric De Guzman, Dir. Lou De Guzman (mu), Rtn. Jeff Isip, Rtn. Saoud Jawad, Rtn. Ailyn Kindipan, Rtn. Lily Landayan, PP Ben Ladilad (exc), PP Lito Pangilinan (exc), Rtn. Elaine Paredes (mu), PP Chris Peralta (exc), Rtn. Ruth Rillera, PP Bert Talco, PP Benny Sunga (exc), VP Joe Ursua, PDG Linda Winter (mu) & PN Susan Villanueva (mu)

## RI UPCOMING EVENTS

27-31 May

**Rotary International  
Convention, Melbourne,  
Australia**

## May Birthdays

03 May PP Ben  
04 May PP Gerard  
16 May PP Alfred  
26 May Dir. Reymund

## May in Rotary

07-1992 PP Veeh  
29-2015 Pres. Ali  
31-2014 Rtn. Nancy  
31-2014 Dir. Reymund

## IN RETROSPECT



### PP Gerard Audineau

Past President  
Rotary Club of Baguio

Pres. Ali Morales called the meeting to Order at 12.30 noon, a recess followed and the meeting proper started at 2.50 PM.

Rtn. Levy Orcales, Program Coordinator, called Rtn. Annie Viernes for a touching Invocation.

The singing of the Pambansang Awit and the Rotary Hymn and the 4 Way Test followed.

Rtn. Levy introduced the Visiting Rotarians & Guests.

For the Entertainment, PP Veeh Balajo presented one good documentary about the wild animals (Heart of Africa) and the problems that affected them like the game of ivory and very bad utilization of these wild animals which resulted to their great suffering.

I was in charge of the Finest Moment and I requested our member who were present to the DISCON and the Fellowship Dinner for the RIPR, to pay P100.00. One payment only for those who joined both activities.

PP Atom Mendalla and PP Veeh Balajo conducted the raffle with organic products as prizes.

Many members had one or more prizes, but "Mr./Mrs. No taker" was called often. I hope that more prizes will be bought next week.

For the Member's Time, the PE Cora Ocampo requested a large participation to the DISTAS.

PP Chris Faelnar reminded the members who would like to go to South Korea of the Induction Ceremony of our Sister Club, Rotary Club of Wonju. The scheduled interview was closed, but Joseph Kim, our Korean friend and the Past President of the Club will find a way to remedy the matter.

Also, he spoke about the members of our Sister Club, the Rotary Club of Batanes, who were supposed to attend our meeting today, however, they were then having their District affair at Baguio Country Club.

During the President's Time, Pres. Ali started with thanks to the V SQUAD for their good performance this month, Month of the Environment.

He thanked the members who attended the two important District and Cluster 1 affairs, the DISCON and the Fellowship dinner for the RIPR of D3790 Mary Berge & Spouse. Pres. Ali announced that the date for the Club Evaluation is on June 17, and for the Club Awards is on June 24.

He informed us that our D 3790 Governor is encouraging him to attain the target of the amount of USD 18,000 as donation to the Annual Found.

Likewise, the Club greeted the birthdays of the quarterly celebrants which was done by PP Marilyn Barredo.

PP Chris Faelnar introduced the invited Guest of Honor and Speaker, Benjamin Ventura, Assistant Director Regional Department of Environment. Our GHS informed us that, as to the Water Resources of the Cordillera Region, 85% is for forests and 15% is for the farming and housing. And, furthermore, the region is the watershed of the North.

He said that they have problems with the environment conversion of the forests on agricultural proposal because the increase of the population is too much.

This is why they develop the creation of watersheds.

Some members had questions for our GHS, like PE Cora Ocampo, Dir. Raymond Barrios, such as the proposal to ask to students of Baguio to plant trees. Dir. Lorena Cachola and PP Atom Mendalla on the problem of water for Baguio. PP Chris Faelnar on the watershed in Busol.

The response was made by PP Atom Mendalla and Pres. Ali presented a token of appreciation to our Guest Speaker.

President Ali adjourned the very informative meeting at 3.30 PM.

# SCENES WE LIKE TO SEE

RCB Regular Meeting

29 April 2023



# FEATURED EVENTS

MR-OPV SIA Kickoff Activity

02 May 2023



City of Baguio 1909 Republic of the Philippines HEALTH SERVICES OFFICE City Government of Baguio DEPARTMENT OF HEALTH

**MR-OPV SIA KICKOFF ACTIVITY**

Measles, Rubella – Oral Polio Vaccine Supplemental Immunization Activity (MR-OPV SIA)

May 2, 2023  
9:00 a.m. to 12:00 p.m.  
Malcolm Square, Baguio City

#breathe BAGUIO

The poster features logos for the City of Baguio and the Department of Health, along with illustrations of children in superhero costumes and two cartoon characters, a girl and a boy, representing health workers.





# ROTARY INTERNATIONAL PAGE

## RI President Message for May 2023



**Jennifer Jones**

**President 2022-23**  
Rotary International

I believe it is a time in our world for brave, courageous, intentional leadership.

Last month, in this column, you heard from my dear friend Anniela Carracedo. She is an amazing member of our Rotary family, and as a past Interactor and now Rotarian, she is this kind of leader.

Anni shared a very personal story about coping with a panic attack, something that I have also experienced. The outpouring and response to this story have been tremendous and punctuate how critical it is that we acknowledge not only our strengths but our vulnerabilities too.

When we talk about finding space for one another — creating comfort and care within Rotary — we're describing a club experience where we can all feel comfortable sharing like Anni did, and we can all empathize with and support one another. Whatever we are facing in life, Rotary is a place where we know we're not alone.

We spend so much time helping our world, whether it's working to end polio, cleaning up the environment, or bringing hope to communities that need it most. Sometimes we can lose track of the need to apply some of our energy and care to our fellow members and partners in service.

The comfort and care of our members is the single greatest driver of member satisfaction and retention. We need to ensure that it remains a priority — and that we further strengthen these bonds by performing service that helps reduce the stigma of seeking out mental health treatment and expands access to care.

That is why I'm so heartened by President-elect Gordon McNally's wonderful vision to help improve the global mental health system, not only for Rotary members, but for the communities we serve.

When Gordon announced our focus on mental health at this year's International Assembly in Orlando, Florida, he reminded us that helping others benefits our mental health by reducing stress and improving our mood. Studies show that performing acts of kindness is an effective way to improve your own mental and physical health. Rotary service brings hope to the world and joy to our lives.

Our new focus on mental health will take some time to do right, and yet it builds on something that has been part of who we are for 118 years. We are People of Action, and behind that action is care, compassion, empathy, and inclusion.

Becoming champions of mental health is not only the right and kind thing to do, it is a tool that can Create Hope in the World, Gordon's inspiring theme for his upcoming year as president.

If we serve our members, we serve our communities, and if we can meet people where they are and lift them up, they will imagine Rotary in a new light and come to fully understand our value and our infinite potential.

# EDITOR-IN-CHIEF PAGE

## 4 ways to elevate youth voices



### EIC/PP Libby Fernandez

Editor-in-Chief / Past President  
Rotary Club of Baguio

This article was adapted from the May 2023 issue of [Rotary magazine](#).

#### 1. Work toward their goals, not yours

This is a club by and for young people — allow them to be the ones to shape it. Remember, Rotary members are there to mentor young people, not manage them. Meet them where they are. Let them set the priorities and ask them how you can best support their goals.

#### 2. Include youths in your committees, task forces, and teams

Look for opportunities to include Interactors in leadership roles in your club and district. Invite Interactors to your district conferences and training events, where they learn alongside other leaders and can contribute to the broader conversation. At the international level, starting in July, Interactors will sit on a reimagined Youth Advisory Council, giving them the chance to have a voice on Rotary's youth programs.

#### 3. Let them take the lead

It's by planning club meetings and service projects that Interactors gain lifelong skills in management, negotiation, and relationship building. So play the supporting role by volunteering at Interact events wherever they need help. Think about additional ways to help Interactors learn leadership skills, such as Rotary Youth Leadership Awards, district leadership events, and local training opportunities.

#### 4. Watch out for "adulthood"

Adults always know best ... or do they? Instead of assuming you know all the answers, be ready to ask questions and listen. Think about the respect you'd give another adult's viewpoints and ideas and treat a teen the same way.

*"Interact members bring fresh perspectives and creativity to projects. Their unique viewpoints, in addition to their tech know-how and capacity to think creatively, can assist in the creation of innovative and successful solutions. And Interact members may use their substantial social media presence to significantly increase awareness of Rotary projects, widening Rotary's influence and contributing to positive change in their communities."*

— Rafael Barac-Bologa, Romania

*"As an Interactor in District 5170, I have had the pleasure of working within my district on projects ranging from COVID-19 relief to anti-human trafficking campaigns — all of which could not be done without Rotary's support. I hope to see Interactors involved in Rotary and Rotaract service projects, elevating youth voices and ensuring a brighter future."*

— Mehreen Rosmon, California

*"We want to continue to evolve as leaders and let others know what Rotary and Interact are doing for the society — not only with our community projects, but also how we develop ourselves in meetings and projects, how family-like our club feels, how we can find help and support in people that we never imagined, and how we can help people that we never thought would need our help."*

—Eduarda Azeredo Bufalari, Brazil

Source : <https://www.rotary.org/en/4-ways-elevate-youth-voices>

# ANNOUNCEMENT

## District Training Assembly 2023



CREATE HOPE  
in the WORLD

# DTA

## DISTRICT TRAINING ASSEMBLY 2023



**MAY 20, 2023 | 7:30 AM**

**CROWN LEGACY HOTEL, BAGUIO CITY**

**EARLY BIRD SPECIAL RATE DURING THE DISCON 2023**

April 21-23, 2023      **₱2,900.00**

**REGULAR**

April 24 to May 18, 2023      **₱3,500.00**

**LATE**

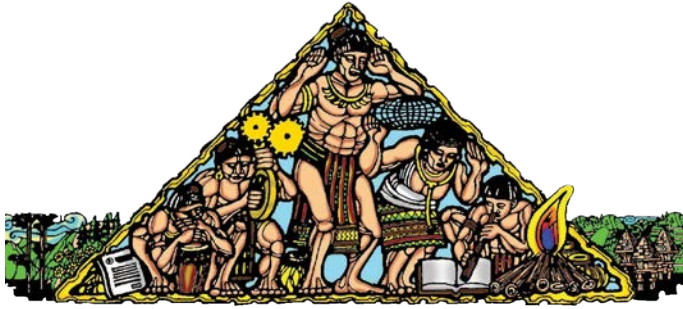
May 20, 2023      **₱4,000.00**

**REGISTER NOW!**

# SPONSOR

Team Pasikat





## THE CAÑAO EMBLEM

Our Official Club Bulletin has been called The Cañao. "Cañao" (pronounced as kan-yau) is actually the local term for the dance during native feasts or celebrations in the highlands of the Cordilleras- in Northern Luzon of the Philippines.

This is depicted in our Cañao emblem which shows a number of human figures in deep concentration—absorbed in ritual dance.

The attention, focus, commitment and unity of the club's members is represented by the dancing figures—in celebration or expectation of a bountiful harvest; much as we actually do—in anticipation of the joy derived from public service to the community—always coupled with fellowship. Hence, the sub-title of "A Celebration of Service."



# Rotary Club of Baguio

## THE RCB LOGO

The Rotary Club of Baguio (RCB) was chartered on 21 February 1938. The 4,587th member of Rotary International and the oldest club organized North of Manila; the 6th chartered Rotary Club in the entire Philippines.

Our over-simplified club logo (red) is a composite of the letters r, c & B; this is symbolic of the club's straightforwardness. Over-all cardioid-heart shape connotes that our members serve from the heart. The four basic elements (four quadrants— now 3D bevelled) are symbolic of Rotary's Four-Way Test and the members' commitment to it. Our charter year of 1938 is used as the mid-focal point of the logo, to emphasize our early beginnings and continuing dedication to

*Service Above Self.*



Baguio City, Philippines

R.I. District 3790, Club No. 16863  
Chartered on 21 February 1938

CP No.: 0917-323-8985 (Pres. Ali)  
CP No.: 0917-510-3955 (PP / EIC Libby)

RCB Website: [rcbaguio.org](http://rcbaguio.org)  
E-mail: [RCBaguio1938@gmail.com](mailto:RCBaguio1938@gmail.com)  
Facebook: [@rotaryclubbaguio](https://www.facebook.com/@rotaryclubbaguio)

The Cañao Website: [canao.rcbaguio.org](http://canao.rcbaguio.org)  
The Cañao E-mail: [canao@rcbaguio.org](mailto:canao@rcbaguio.org)

## EIC/PP Elizabeth Fernandez

The Cañao, Editor-in-Chief  
E-mail: [RCBaguio1938@gmail.com](mailto:RCBaguio1938@gmail.com)

## PP Raffy Chan

Adviser

## Youichi Tanaka

The Cañao, Graphic Designer  
E-mail: [youichigtanaka@gmail.com](mailto:youichigtanaka@gmail.com)