

OFFICIAL CLUB BULLETIN

Volume LXXVI Issue 28

23 March 2024

PROGRAMME

Regular Meeting 23 March 2024

	23 March 2024
12:00 PM	Fellowship
12:30	Call to Order Pres. Ma. Corazon Ocampo
	Invocation Rtn. Annie Viernes
	Pambansang Awit
	Rotary Hymn
	4 Way Test
1:20	Introduction of Visiting Rotarians & Guests
	Rtn Peter Wasing
	Entertainment PP Lani Fabi
	Finest Moments Sec. Levy Orcales
	Raffle PP Susan Villanueva
1:40	Member's Time
1:50	President's Time Pres. Cora Ocampo
	Introduction of GHSRtn. Peter Wasing
	GHS: PP Chris Faelnar
	"Rainwater Harvesting System"
	ResponsePP Lani Fabi
2:25	RCB Hymn
2:30	Pilipinas Kong Mahal
	Adjournment Pres. Ma. Corazon Ocampo

Dir. Vangie Cacho Imager Dir. Vangie Cacho Retrospector

PP Veeh Balajo Program Coordinator

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PRESIDENT'S MESSAGE

ROTARY INTERNATIONAL

R. Gordon R. McInally Rotary International President

DISTRICT GOVERNOR

Francis Cornejo
District Governor

PDG Jess Sama PDG Willie Serafica

Vice Governor

Cecille Apostol

Assistant Governor

RCB BOARD

Pres. Cora Ocampo

Club President/Research & Development Chair

VP / PE Susan Villanueva

Vice-President/Club Administration/ President-Elect

Sec. Levy Orcales
Secretary

PP / Treas. Marilyn Barredo

Dir. Jose Ursua
Dir. Vell Agayas
Dir. Jeff Isip
Dir. Reymund Barrios
Dir. Lorena Cachola
Rtn. Evangeline Cacho

Rtn. Modz Bahul Membership Chair / Director

PP Arnel Cabanisas Scholarship Chair

IPP Ali Morales

TRF Chair / Immediate Past-President

PP Alfred Laygo

Sunshine Committee Chair

PP Chris Faelnar

Arlene Sumalag
Cañao Editor-in-Chief

PP Raffy Chan Cañao Adviser / Webmaster



Pres. Cora Ocampo

PresidentRotary Club of Baguio

ROTARY once more... with our MARCH's theme is Water and Sanitation, we wanted to be informed about our status of our project in KABAYAN... and we have our own PP Chris Faelnar to update us on the status of our project.

Last 22 March 2024, 9AM the following Rotarians namely: Sec Levy, PP Chris Faelnar, PE Susan, Dir. Vel and PP Veeh volunteered to orient the students from the Industrial Engineering of Saint Louis University. The materials for the lecture as well as the program was prepared by PP Veeh while PP Chris F facilitated the orientation of the IE students. They were inspired by PP Veeh, PP Chris F and Sec Levy, the reason why these students will be inducted today.

The Industrial Engineering Students proposed 2 projects for this RY 2023-2024:

- 1. Train the trainers program to support project 01
- 2. Train the Interact Club design thinking process

They also proposed the set of officers who will inducted today to formalize their membership through the student organization Philippine Institute of Industrial Engineers (PIIE), Student Chapter. This will also be the officers during PE Susan's term. So, for now, allow me to orient them. Properly, plan with them and train them to be good ROTARACTORS in the days to come.

Fellow Rotarians, let us welcome our new family in RCB, the Industrial Engineering Students – IE ROTARACTORS organized by yours truly.



The following are club activity updates for us to also prepare and an opportunity to do community projects:

- 1. CLOTHES distribution in Baguio Central School to be announced later
- 2. RCC Activities led by Dir. Reymund will schedule orientation for the day care teachers and meeting with RCC Belong, Daclan and also RCC Women in Action.
- 3. CLUSTER PROJECT ON MENTAL HEALTH no definite date yet.
- 4. Organize a committee to review of our constitution and by-laws assigned lead by Dir. Modz
- 5. Final meeting with the Principal and PTA of Baguio Central School TBA

Today, let us lend our ears to our very own PP Chris Faelnar and hoping that we will be enlightened with our project thru the grant.

"Sometimes it is better to be kind than to be right...!"

SECRETARY'S REPORT

THEME

Water, Sanitation, and Hygiene Month



UPCOMING ACTIVITIES

20 - 21 April

Rotary Youth Leadership Awards 2024 at the Pangasinan Regency Hotel

RI UPCOMING EVENTS

31 March

Preregistration discount ends for the Rotary International Convention

March Birthdays

19 March – PN/Dir Joe 27 March – PP Anet



Sec. Levy Orcales

SecretaryRotary Club of Baguio

Events and Activities

22 March. Orientation of prospective Rotaract Club of SLU - IE (PIIE)

DESCRIPTION: The Rotary Club of Baguio conducted an orientation about Rotary and Rotaract with the students and officers of the SLU Industrial Engineering club. The same group is interested and has confirmed their willingness to be inducted and registered as a Rotaract club.

Attended by: Pres Cora, PP Chris F, PP Veeh, PE/VP Susan, Dir Vell and Sec Levy

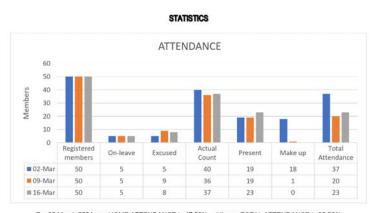
Club Anniversary Attendance (16 March 2024)

Pres Cora, Dir Vell, PP Veeh, PP Marilyn, Dir Reymund, Dir Vangie, PP Raffy, PP Diony, PP Lani, PP Chris F, PP Libby, Rtn Lily, PG/PP Gigi, Sec Levy, PP Chris P, Rtn Ed, PP Bert, Rtn Tonton, PN/Dir Joe, Rtn Annie, PE/VP Susan, Rtn Harly, and Rtn Peter

WE WISH FOR YOUR PRESENCE NEXT TIME

Rtn Nancy, Rtn Bessie (ol), PP Gerard (exc), Dir Modz Rtn Tony (ol), PP Jun, PP Arnel, Dir Lorena, PP Anet, PP Mia (exc), Rtn Lou, Rtn Eric, Rtn Ike (exc), PP Cy (exc), Dir Jeff, Rtn Glenn (ol), PP Baby, Rtn Ailyn (ol), PP Ben (exc), PP Alfred

(exc), IPP Ali, PP Atom, EIC Arlene, PP Benny (exc), AT Ruth, Rtn Elaine (ol), and PDG./ PP Linda (exc)



For 02 March 2024, our HOME ATTENDANCE is 47.50%, while our TOTAL ATTENDANCE is 92.50% For 09 March 2024, our HOME ATTENDANCE is 52.78%, while our TOTAL ATTENDANCE is 55.56% For 16 March 2024, our HOME ATTENDANCE is 62.16%, while our TOTAL ATTENDANCE is 62.16%

March Anniversary in RCB

15 March 2008 – PAG/PP Gigi (Sponsored by: PP Raffy Chan)

20 March 2010 – Dir Modz (Sponsored by: PP Mia Cawed)

23 March 1996 – PP Chris P. (Sponsored by: PP Benny Sunga)

26 March 2011 – PP Lani (Sponsored by: PP Jun Bondoc)

26 March 2011 – PP Baby (Sponsored by: PP Jun Bondoc)

31 March 2012 – Rtn Glen (Sponsored by: PP Atom Mendalla)

March Wedding Anniversary

02 March 1991 - PP Lani Fabi and Spouse Geoffrey

SCENES WE LIKE TO SEE

RCB Regular Meeting

16 March 2024





































FEATURED EVENTS

SLU IE Orientation about Rotaract Club

22 March 2024

























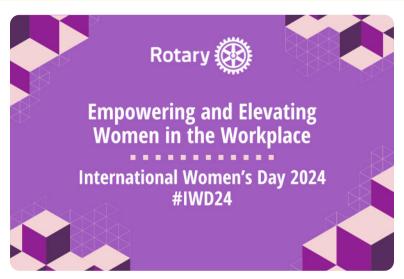






ROTARY INTERNATIONAL PAGE

Empowering and elevating women in the workplace



By Lee Ann Searight, RI membership resources specialist

his International Women's Day, 8 March, the Membership Development team at RI produced a webinar on the future of women in leadership. As I researched the issue, I read an article about women's place in the global economy and their challenges in achieving gender equity. The UN estimates it will take up to 286 years to close gaps in legal protection and remove discriminatory laws and 140 years for women to be represented equally in positions of power and leadership in the workplace. But despite these challenges, the panelists remained hopeful.

Manjoo Phadke, <u>recipient of the 2023-24 Sylvia Whitlock Award</u>, spoke about empowering women to realize their potential rather than just handing them power. She believes that winning this award gives her one more tool to inspire confidence in the women around her and encourage them to lead.

Angela Walker, who has held leadership positions at both the club and district levels in Rotary, talked about the challenges women leaders face and the importance of perseverance. She said women need the strength not to let roadblocks discourage them from becoming who they want to be as leaders. Aja Castillo, the panel's moderator, emphasized the importance of allowing women to hold positions of authority and supporting them in navigating those tricky spaces.

Throughout the webinar, the panelists offered practical suggestions for supporting women in leadership – from mentoring and sponsoring to being a good ally. They stressed the need to understand the difference between equity and equality and to step back so others can step forward.

Reflecting on what I learned from the webinar, I'm reminded that we all have a role in advancing gender equity – regardless of gender. Whether learning more about the issues facing women or using our voices to speak up for their advancement, we can all make a difference.

Watch a recording of Rotary's <u>International Women's Day webinar</u>.

Source: https://blog.rotary.org/2024/03/20/empowering-and-elevating-women-in-the-workplace/

EDITOR-IN-CHIEF PAGE

Beyond networking: 7 tips for building meaningful connections in Rotaract



EIC Arlene Sumalag

Editor-in-Chief Rotary Club of Baguio

By Taiwo Orbs, past president of the Rotaract Club of Surulere South, Lagos, Nigeria, and a public image director for Rotaract District 9110

since joining Rotaract in 2017, I've witnessed firsthand how even the smallest actions can make a significant difference. I've learned that money isn't the only currency that matters and that building valuable friendships holds more worth than riches. This, truly, is the power of relationships.

While I joined Rotaract to build myself professionally, I noticed others lamenting about their inability to meet new people even though that was their prime motivation for joining. Having served as a club membership director, club president, and public image director, I believe I have gained some insight into building meaningful relationships in Rotaract and beyond.

Genuine connections go beyond collecting contact cards. It is about building relationships with people who share your values and goals. If you want to make the most out of your Rotaract experience, check out these 7 tips that will not only help you build strong relationships with other members, but also create a positive impact in your community.

1. Know Your "Why" and "Who":

Before diving headfirst into networking, define your purpose. Are you seeking mentors, collaborators, or simply friends? Identifying the specific types of people you want to connect with will help you target your efforts and build mutually beneficial relationships.

2. Be a Platform, Not a Parasite:

Instead of focusing solely on what you can gain, offer value. Share your expertise, skills, and willingness to help. Contribute actively to your club, participate in service projects, and become known for your positive contributions. When you offer value, the right people will naturally gravitate towards you.

3. Look Beyond Rotaract Events:

While Rotaract events are valuable, don't limit yourself. Attend workshops, conferences, and other events related to your interests. This will expose you to likeminded individuals who share your passions.

4. Build Relationships, Not Just Contacts:

Networking events are often characterized by brief interactions and exchanges of business cards. Focus on building genuine relationships instead. Take the time to get to know people personally, engage in meaningful conversations and find common ground.

5. Don't Be Afraid to Be Vulnerable:

Sharing your personal experiences, goals, and challenges can help others connect with you more deeply. Openness fosters trust and builds lasting relationships.

6. Focus on Quality, Not Quantity:

Having a few close friends and mentors is better than building a large network of superficial connections. Invest time and effort into nurturing meaningful relationships with the people who matter most to you.

7. Be Patient:

Building genuine connections takes time and effort. Don't get discouraged if you don't see immediate results. Keep showing up, being yourself, and contributing to your community. The right connections will eventually come along.

Remember: Connecting is a two-way street. Focus on building mutually beneficial relationships where everyone involved feels supported and valued. By following these tips, you can build a strong network of friends, mentors, and collaborators who will help you achieve your goals and make a positive impact on the world.

Do you have personal experiences and tips for building meaningful connections in Rotaract? Share them in the comments section below.

Take these courses in the <u>Learning Center</u> (My Rotary login required) to further your professional development. World Rotaract Week, 11-17 March, commemorates the founding of the first Rotaract club in 1968 and celebrates Rotaract's success around the world. Explore ways to partner and collaborate with Rotaractors.

Source: https://blog.rotary.org/2024/03/08/ beyond-networking-7-tips-for-building-meaningful-connections-in-rotaract/

MEMBER'S PAGE

Rules of Living with People



PP Chris Faelnar

Past President
Rotary Club of Baguio

- 1. When you meet young people **INSPIRE THEM**.
- 2. When you meet children EDUCATE THEM.
- 3. When you meet old people **HELP THEM**.
- 4. When you meet wise people **STUDY THEM**.
- 5. When you meet leaders HONOUR THEM.
- 6. When you meet foolish people **AVOID THEM**.
- 7. When you meet humble people TREASURE THEM.
- 8. When you meet arrogant people **IGNORE THEM**.
- 9. When you meet gracious people EMULATE THEM.
- 10. When you meet aspirational people **ELEVATE THEM**.
- 11. When you meet strong people **SUPPORT THEM**.
- 12. When you meet godly people **BLESS THEM**.
- 13. When you meet elderly people **RESPECT THEM**.
- 14. When you meet weak people STRENGTHEN THEM.
- 15. When you meet hardworking people **ENCOURAGE THEM**.
- 16. When you meet kind people **ESTEEM THEM**.
- 17. When you meet Honest people **PROMOTE THEM**.
- 18. When you meet virtuous people **REWARD THEM**.
- 19. When you meet evil people **EVADE THEM**.
- 20. And in all situation Watch, Pray and wish everyone well.

PROJECT REPORT

Orientation of Prospective RC of SLU-IE

22 March 2024

Accomplished Project by Sec. Levy



CATEGORY Area of Focus New Generations/ Rotaract -

PROJECT REPORT FORM

ROTARY CLUB OF BAGUIO SUMMARY

	PARTICULARS
Date Conducted	22 March 2024
Location	Saint Louis University – Ottohan Building
Beneficiaries	Industrial Engineering students of SLU
No. of Rotarians Involved Others involved Dedicated HOURS	With (6) RC Baguio members who attended No of hours (9am – 11am) 2hours
Project Cost	PHP 1,000.00 @ 56 = USD 17
Number of volunteer hours	6pax x 2hrs = 12hrs
Status	Successful

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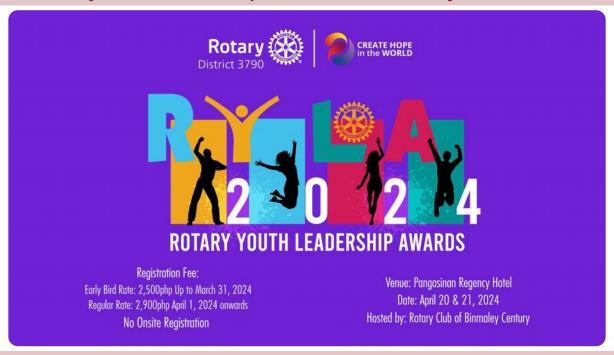
Attended by: Pres Cora, PP Chris F, PP Veeh, PE/VP Susan, Dir Vell and Sec Levy

PICTURES



ANNOUNCEMENT

Rotary Youth Leadership Awards 2024 - Rotary District 3790



The 2024 Rotary International Convention - Singapore





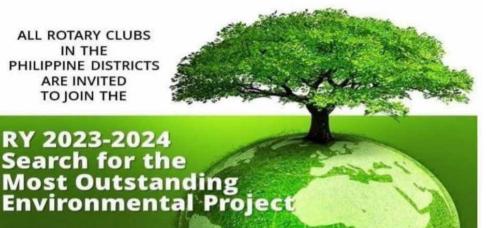


convention.rotary.org

ANNOUNCEMENT

Search for the Most Outstanding Environmental Project

ALL ROTARY CLUBS IN THE PHILIPPINE DISTRICTS ARE INVITED TO JOIN THE



Rationale:

The Philippine Rotary Magazine/Media Foundation, Inc. supports the 7th Area of Focus on Environment of Rotary International by encouraging clubs to undertake projects to strengthen the conservation and protection of natural resources, advance environmental sustainability, and foster harmony between people and the environment.

- Award is open to all solely Rotary Club-initiated Projects or projects implemented with significant partnership/engagement with NGOs/GOs.
- Any nominated project from the 10 districts must be operational for at least one (1) year at the time of the granting of the award on June 2024.

Mechanics

District Level: Each District will select their Most Outstanding Environmental Project. The District Governor will organize the nomination and judging process.

National Level: The top winning entry from each district will qualify for the national selection.





NATIONAL ORGANIZING COMMITTEE PDG CHITO BORROMEO PDG SID GARCIA

> PDG MIKE LIRIO PRMFI Chairman

Submission of District-Level Entries ☐ January 2024

Submission of District-Level Winners

☐ March 2024

Announcement & Awarding of Winners

☐ June 2024

Prizes

District Level P50,000 (Each district may

give additional prizes)

National Level P300,000 Champion P200,000 1st Runner-up P150,000 2nd Runner-up

Obtain the district-level nomination forms from the respective offices of the District Governor or his/her duly authorized representative. For further details or inquiries, call the PRM Secretariat at (0917) 797 4730 (Nelson Lluz).

Page 1 of 2

SELECTION CRITERIA: I-M-P-A-C-T

	Rating
	%
Innovative - Out-of-the-box and innovative approach	15
Multipliable or replicable - Replicable to other communities	15
Problem-Solution Fit -Appropriateness of the solutions to the problems identified	15
Able to be sustained - Long-term view in terms of continuity and impact	20
Co-production - Co-designed with, and owned by, the community as ultimate beneficiaries	15
Transformative - Positive and verifiable changes in social behavior and the environment	20

SUBMISSION OF ENTRIES

Submit your entries to your respective District Governor's office via email by January 2024 with copy furnish

SPONSOR

Rizal Commercial Banking Corporation



BOARD & OFFICERS





R. Gordon R. McInally Rotary International President



Cora Ocampo
Club President/Research &
Development Chair

Francis Cornejo
District Governor

PDG Jess Sama PDG Willie Serafica Assistant Governor

Cecille Apostol
Assistant Governor



Susan Villanueva Vice-President/Club Administration/President-Elect



Levy Orcales Secretary



Marilyn Barredo Treasurer



Jose Ursua Public Image Chair



Arnel Cabanisas Scholarship Chair



Reymund Barrios
Community Service A



Lorena Cachola Community Service A



Vell Agayas Community Service B Co-Chair



Jeff Isip
Community Service B



Modz Bahul Membership Co-Chair



Vangie Cacho Membership Co-Chair



Ali Morales TRF Chair / Immediate Past-President



Alfred Laygo
Sunshine Committee Chair



Arlene Sumalag
Cañao Editor-in-Chief



Raffy Chan Cañao Adviser / Webmaster

MEMBERS





NA7 **Honorary Member**



PP Palma **ANGELING**

Honorary Member



PP Loreto **PANGILINAN**

Honorary Member



PDG Seiichi MORITA

Honorary Member



YU

Honorary Member



PDG Teo Kwan SWFF

Honorary Member



PDG Chul Min CHOI

Honorary Member



Dir. Mariver **AGAYAS** Director COMMUNCTN/MEDIA-



Rtn. Nancy **ALABANZA**

Member FOOD INDUSTRY-Meat Processing



Jesus ANIBAN

Member EDUCATION-Clinical Instructor



PP Gerard AUDINEAU

Past President ENGINEERING-Civil Engineering



Rtn. Modesto **BAHUL**

Member GOVERNMENT-Judiciary



PP Vicenia BALAJO

Past President HEALTH CARE-Obstetrics Gynecology



BARREDO

Past President / Treasurer BANKING/MONEY-Info Technology



Dir. Reymund BARRIOS

Director MKTG/SALES-Animal Feeds



Rtn. Evelyn **BOGUEN**

Member HUMAN RESOURCE-Personnel Mgmt.



PP Ricardo BONDOC Jr.

Past President SOCIAL SERVICE-Entrepreneurship Dev



PP Arnel CABANISAS

Past President MGMT/ADMIN-Executive Mgmt



Rtn. Evangeline CACHO

Member FOOD INDUSTRY-Catering



Dir. Lorena **CACHOLA**

Directo SERVICES-Personal Care



PP Anita CALABIAS

Past President INSURANCE-Entrepreneurship



PP Mia Joy CAWED

Past President



PP Rafael CHAN

Past President ARCHITECTURE-Green Building



PP Dionisio CLARIDAD

Past President HEALTH CARE-Administration



Dir. Emylou **DE GUZMAN**

Director FOOD INDUSTRY-Finance Manager



Rtn. Edison **DE GUZMAN**

Member PUBLIC RELATIONS-Consumer Welfare



Rtn. Dwight DULNOAN

Member MINING-Exploration



PP Mary Leilani FABI

Past President COMMUNCTN/MEDIA-



FAELNAR Past President / Adviser ENGINEERING-

Electrical Engineering



PP Cyrus FAGAR

Past President ENGINEERING-Civil Engineering



FERNANDEZ

Past President LEGAL-Criminal Law



Rtn. Glenliel **FLORES**

Member CONSTRUCTION-Comm'l/Resid'l Contracting

MEMBERS





Dir. Jeffrey ISIP Director INSURANCE-Risk Manageme



KAUR Past President MKTG/SALES-Retail Sales



Rtn. Ailyn KINDIPAN Member EDUCATION-



LADILAD Past President AGRI/FORESTRY-Research & Development



LANDAYAN Member EDUCATION-Secondary



LAYGO Past President EDUCATION-Medical



PP Evangeline MARANAN Past President MGMT/ADMIN-Special Events



MENDALLA Past President BANKING/MONEY-Regional Operations



MORALES nediate Past President / TRF Chair BANKING/MONEY-Bank Manager



Pres. Maria Corazon **OCAMPO** President EDUCATION-Consultancy/Technopreneurship



Sec. Levy Lloyd ORCALES Secretary GOVERNMENT-City Legislation



PAREDES Member MGMT/ADMIN-Entrepreneurship



PERALTA Past President HEALTH CARE-Diabetology



Rtn. Eduardo **RAMOS** Member SERVICES-Memorial Admir



Rtn. Rillera **RUTH** Member HEALTH CARE-Nurse



SUMALAG Editor-in-Chief ART & DESIGN-Handicrafts



PP Benito SUNGA





PP / Dir. Alberto **TALCO** Past President / Director ENGINEERING-Civil Engineering



Rtn. Ronald Carlton TAN Member REAL ESTATE-General Practice



Dir. Jose URSUA **Director** SCIENCE/TECH-OBGyne Sonology



VIERNES Member FOOD INDUSTRY-Preserved Items



VILLANUEVA President-Elect GOVERNMENT-Deeds Examination



Rtn. Harly David B. WASING Member ENTERTAINMENT-Announcer



Rtn. Peter O. WASING Member ENTERTAINMENT-Journalist



PP / PDG Linda WINTER Past President / PDG HEALTH CARE-Dentistry



Rotary Club of Baguio

THE CAÑAO EMBLEM

Our Official Club Bulletin has been called The Cañao. "Cañao" (pronounced as kan-yau) is actually the local term for the dance during native feasts or celebrations in the highlands of the Cordilleras- in Northern Luzon of the Philippines.

This is depicted in our Cañao emblem which shows a number of human figures in deep concentration—absorbed in ritual dance.

The attention, focus, commitment and unity of the club's members is represented by the dancing figures—in celebration or expectation of a bountiful harvest; much as we actually do—in anticipation of the joy derived from public service to the community-always coupled with fellowship. Hence, the sub-title of "A Celebration of Service."

THE RCB LOGO

The Rotary Club of Baguio (RCB) was chartered on 21 February 1938. The 4,587th member of Rotary International and the oldest club organized North of Manila; the 6th chartered Rotary Club in the entire Philippines.

Our over-simplified club logo (red) is a composite of the letters r, c & B; this is symbolic of the club's straightforwardness. Over-all cardiode-heart shape connotes that our members serve from the heart. The four basic elements (four quadrants— now 3D bevelled) are symbolic of Rotary's Four-Way Test and the members' commitment to it. Our charter year of 1938 is used as the mid-focal point of the logo, to emphasize our early beginnings and continuing dedication to

Service Above Self.







Baguio City, Philippines

R.I. District 3790, Club No. 16863 Chartered on 21 February 1938

CP No.: 0956-469-3338 (Pres. Cora) CP No.: 0919-005-2740 (Sec. Levy)

RCB Website: <u>rcbaguio.org</u> E-mail: <u>RCBaguio1938@gmail.com</u> Facebook: <u>@rotaryclubbaguio</u>

The Cañao Website: canao.rcbaguio.org
The Cañao E-mail: canao@rcbaguio.org

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