

Rotary
Club of Baguio

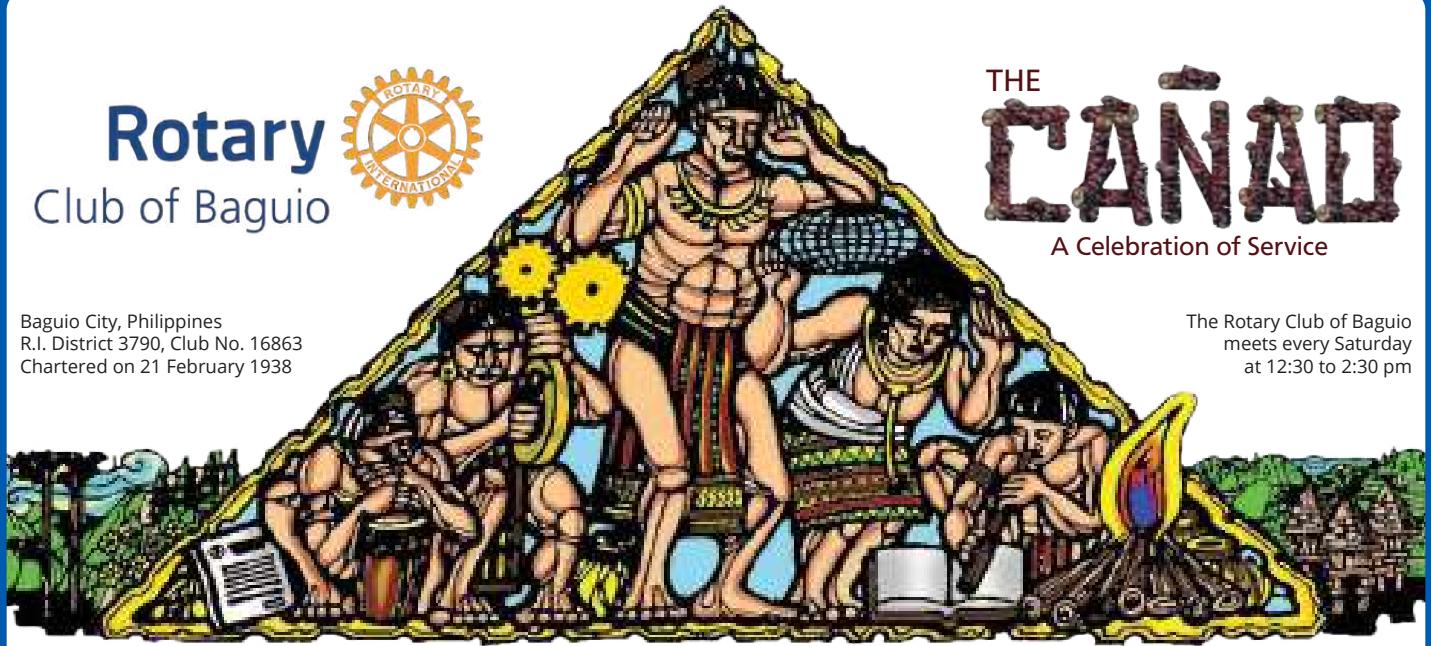


THE
CAÑAD

A Celebration of Service

Baguio City, Philippines
R.I. District 3790, Club No. 16863
Chartered on 21 February 1938

The Rotary Club of Baguio
meets every Saturday
at 12:30 to 2:30 pm



OFFICIAL CLUB BULLETIN

Volume LXXIV Issue 11

25 SEPTEMBER 2021

PROGRAMME

Blended Program
25 September 2021

- 12:30 PM Fellowship
- 1:00 Call to Order Pres Arnel Cabanisas
- Invocation Rtn Lily Landayan
- Pambansang Awit
- Rotary Hymn
- 4 Way Test
- 1:20 Introduction of Visiting Rotarians & Guests
... Dir Mariver Agayas
- Entertainment TEAM BRIA
- Raffle PP Raffy Chan
- 1:40 Member's Time
- 1:50 President's Time
- 1:55 Featured Rotarian - PP Benny Sunga
- 2:00 Intro of 1st Quarter - Birthday Celebrants
- Toast for Celebrants Dir Tonton Tan
- Response PP Raffy Chan
- 2:20 RCB Hymn
- Pilipinas Kong Mahal
- 2:25 Adjournment Pres Arnel Cabanisas

PP Baby Kaur
Program Coordinator

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Featured Rotarian

**PP Benito
SUNGA**

Past President
HEALTH CARE- Urology



**SERVE TO
CHANGE LIVES**

Rotary Club of Baguio

BASIC EDUCATION AND LITERACY MONTH

PRESIDENT'S MESSAGE

ROTARY INTERNATIONAL

Shekhar Mehra
Rotary International President



Pres Arnel Cabanisas

President
Rotary Club of Baguio

DISTRICT GOVERNOR

Willie L. Serafica
District Governor

Pancracio "Panding" Nisce
Vice Governor

Rommel Alcidi
Assistant Governor

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Director

IPP Atom Mendalla
Immediate Past President

PP/PAG Gigi Maranan
Adviser

Good morning my fellow Rotarians and Rotary family! I'd like to give you some updates on last week's activities as well as the upcoming activities for October 2021.

Last Saturday morning, 18 September 2021, PDG Linda and myself awarded a "Certificate of Service Award" to the police personnel at Sub-Station 3, Pacdal Police Station in recognition of their voluntary assistance in the construction of the planter box at our Club's adopted park located at Barangay M. Roxas. Thank you to PDG Linda for spearheading the continued maintenance of the park project.

The following day, 19 September 2021, Sunday, was the virtual Tri-Sem. Thank you to all those who joined me for the virtual event. The presentations were great but it was also physically tiring to be onscreen for almost eight hours! That's the downside of virtual events especially if it runs the whole day. In-between breaks are of equal importance and something that must be taken into consideration when hosting virtual events. I know you will agree with me in saying nothing compares to face-to-face events. But then again, we are still in a pandemic so we until then, it's virtual or blended events for us.

Speaking of virtual meetings, we also attended the First Zoom Meeting of our sister club, RC Bukit Bintang, last Tuesday, 21 September 2021, upon their invitation through PDG Linda Winter. Other clubs in attendance were from RC Tongkah, Phuket, Thailand and RC Thamel, Kathmandu, Nepal. Joining me and PDG Linda were Sec Cora, Dir Joe and Rtn JM. Thank you PDG Linda for arranging for this.

Today's meeting will be the last one to be handled by Team BRIA for the year 2021. So far, we've had many surprises for the whole month of September - from the Introduction, Entertainment, Speakers and of course the (much-awaited) Raffle and attendance of much missed Rotarians! But wait - Team BRIA said there's more!!! So please join the meeting whether virtually or face-to-face to see what they have in store for us including today's Featured Rotarian, PP Benny Sunga! Congratulations Team BRIA!

Lastly, just a heads-up on our upcoming activities for October:

- 16 October 2021 (Saturday) - Public Image Seminar via ZOOM
- 18 October 2021 (Monday) - Zone 10A Summit with the Rotary International Senior Leaders for Polio
- 24 October 2021 (Sunday) - World Polio Day activity

As you are all aware, we are under General Community Quarantine (GCQ) with heightened restrictions until the end of September 2021. So let us continue to be safe and stay safe, my fellow Rotarians. Have a blessed week ahead!

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less." —Marie Curie

"If plan "A" doesn't work, the alphabet has 25 more letters - 204 if you're in Japan." — Claire Cook

SECRETARY'S REPORT



Sec Cora Ocampo

Secretary
Rotary Club of Baguio

Birthdays

22 September – Dir. Tonton and RA Tante

Events and Activities for the Month of September 2021

11 September – RCB V9- SQUAD meeting, 9:00 to 11:00 AM

Rotarians Present: PP Veeh, Dir. Jody, PP Chris, IPP Atom and Rtn. Vangy

18 September – Recognition and awarding of ALAB BAGSIC Team

Rotarians Present: PDG Linda and Pres. Arnel

19 September – TRISEM 2021, 8:30 AM via ZOOM

Rotarians Present: Pres. Arnel, Sec. Cora, Treas./VP Ali, Dir. Joe, Dir. Vell, PP Aneth, PP Alfred, PDG Linda PP Lani and PP Baby

21 September – Joint Sister Clubs MEETING with RC Bukit-Bintang, RC Tongkak and RC Thamel, 8:00PM via ZOOM

Rotarians Present: Pres. Arnel, Sec. Cora, PDG Lind, Rtn. JM and Dir. Joe

Upcoming Events and Activities

26,27 and 28 November – Experience Only the BEST, Presidential Conference Manila

LISTED PARTICIPANTS: Pres. Arnel, Sec. Cora, Treas./VP Ali, Dir. Joe, Dir. Vell, PP Aneth, PDG Linda, PP Chris F, PP Alfred, Rtn. Susan and PP Baby

Attendance Update as of 18 September 2021

WE WISH FOR YOUR PRESENCE NEXT TIME

Dir. Jodyt Alabanza (mu), Rtn. Nancy Alabanza, PP Gerard Audineau (ol), Rtn. Modesto Bahul Jr., PP Ricardo Bondoc Jr., Rtn. Lorena Cachola, PP Aneth Calabias (mu), PP Lani Fabi (mu), PP Ben Ladilad, PP Chirs Peralta, Rtn. JM Ty (mu)

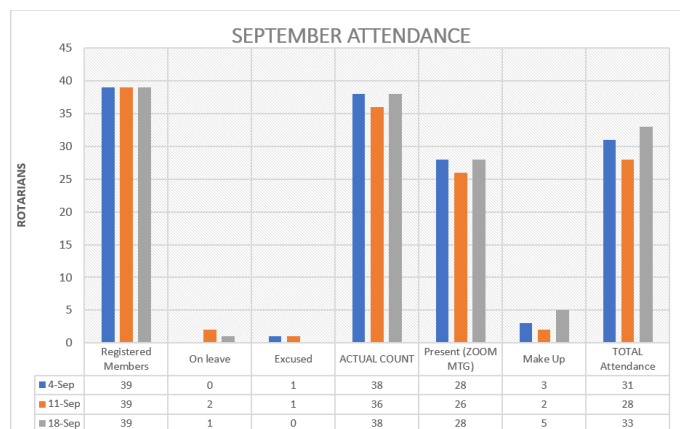
SPECIAL GUESTS

RA Edith Cabanisas and RotaKid Vanessa Cabanisas

GUESTS

Emylou de Guzman and Saoud Pablo Jawad (3rd time guests of VP Ali), GHS John Paredes with Lourdes Paredes.

Statistics



For 18 September, our HOME ATTENDANCE is 73.68% while our TOTAL ATTENDANCE is 86.84%.

The club meeting was done thru "blended" strategy, a choice of a "face to face" in Abong or via ZOOM

Highlights of the Meeting

1. The club meeting was presided by Pres. Arnel at exactly 1:00 PM
2. PARTS of THE PROGRAM:

PROGRAM COORDINATOR: PP Tonton (TEAM BRIA)

- A. The invocation was led by Dir. Reymund, praying for blessings and continuous protection of the members and the entire human race.
- B. The singing of the Pambansang Awit, Rotary Hymn and the 4-Way Test.
- C. Rtn. Lily introduced the Rotarians present in Abong and the guests who also joined in the meeting.
- D. PP Benny entertained the members and guests with

SECRETARY'S REPORT

Highlights of the Meeting

2 beautiful songs and invited PP Lito to also showcase real voices of RCB. Songs such as Moon River, My Way, Sa Dulo ng Walang Hanggang and Some Enchanted Evening, made us say wow to these talents from the club.

E. Raffle Time

- One of the most awaited event of the day was the raffle time prepared by Dir. Vel and Team Bria. They used fish bowl method to pick the winners for the day, with a lot of exciting prizes. Winners were PDG Linda, PP Bert, Pres. Arnel, PP Marilyn, PP Veeh, PP Diony, PP Alfred, RA Edith, PP Chris F and guest Saoud

F. During the Member's Time

- No one announced for member's time.

G. During President's Time: Pres. Arnel greeted everyone and also expressed his appreciation to the guests present during the meeting.

He also reported / announced the following:

- Informed the club about PP Gerard's accident, he is now under medication and resting in his house in France.
- Thank those who submitted payments for the Rotary Foundation (PP Marilyn and Rtn. Susan)
- PDG Linda awarded the partners (Police), our also way of thanking them in helping complete our project "A Park to Remember".
- Informed the club about the meeting with Gov. Willy to discuss about the point system which started from 7:30 pm – 11:30 Pm, with him was Sec. Cora to understand the system and the other requirements.
- The Club assisted Texas Instruments in their project "VACCINATION" for their employees and the nearby communities in Loakan.
- Updated the club that Mr. Comprá joined the creator and it happened few days after their arrival from Baguio.
- Reminded everyone about the upcoming events:

19 September - TRISEM EVENT and will be hosted by RC Dau and RC Laoag. The Presidential Conference Manila which will be held on 26-28 November will be charged at \$20/ delegate.

H. GHS

PP Baby introduced the Guest of Honor and Speaker. She also said that our GHS is the first to conduct face to face in Abong. She highlighted the expertise of the speaker and his accomplishments as educator from Saint Louis University, in the School of Education. He is now an active "survivor" to continue the programs of the late PE Naas on UNCLUSIVE EDUCATION.

"EDUCATING LEARNERS WITH VISUAL IMPAIRMENT, THE CHALLENGE CONTINUE"

OUR GHS Mr. John Paredes started with sharing his dream as a young boy, he is visually impaired and with his condition, he was made to believe that blind people can't go to schools. So when he was younger, he would volunteer to accompany his siblings and even friends to school just to experience what going to schools feels like.

He emphasized the special needs to educate a visually impaired such as:

- special classes
- special curriculum
- special teachers

He also mentioned the difficulty or the disadvantages of this kind of preparations of schools to accept blind students because of the said special needs, which means additional skills required from teachers, special equipment for the blind pupils or students and programs that will fit to the needs of the learners.

The attitudinal barriers as fundamental challenges to political participation and inclusion include: prejudices/ discrimination/stereotypes and poor knowledge on inclusive education trends.

In his talk he mentioned of the medical model of having students with disability, centering it as student as the problem, these problems include the following:

1. Does not respond, cannot learn
2. Have special needs
3. Needs special equipment
4. Cannot cope
5. Speaks the wrong language
6. Is different from normal child
7. Needs special environment

SECRETARY'S REPORT

Highlights of the Meeting

8. Needs special teacher

The mainstream challenges of our schools can be as follows:

1. Poor knowledge of school administrator, concerning education of learners with special needs
2. No accommodation options
3. No appropriate support from the school
4. No accessible learning materials
5. No auxiliary aids such as typewriter or tape recorder

Some proactive actions include establish and develop appropriate supports, adapting materials into accessible formats and provision of universally designed learning tools.

He ended his talk with a question WHO IS DISABLED?

"If you fail to see the person but only his disability.... Then who is blind. If you cannot hear your brother's cry for justice, who is deaf? If your heart and mind do not reach out your neighbor,

Your attitude towards persons with disabilities maybe their biggest disability, and yours too!!!

The GHS also thanked RCB for supporting the musical group and other support to enable the blind to be active and productive in any way they can.

QUESTION and ANSWER PORTION

1. Sec. Cora asked how the inclusive education programs are supported by Saint Louis University and how is its function be sustained now that PE Naas is no longer there to represent the area.
2. GHS John Paredes does not know as of the moment plans on how to sustain the program, but he is praying that the center will be acknowledged and will be supported fully by the administration.

RESPONSE

PP Raffy appreciated the GHS for visiting Abong to talk about his topic, he also remembered PE Naas' passion to inclusive education and he wished more power to the GHS and the programs for people with disability.

The GHS was given a token of appreciation for being the Guest of Honor and Speaker for the day.

I. FINALE

- After the singing of Pilipinas Kong Mahal and RCB Hymn. President Arnel thanked everyone for another fun and exciting day and also thanked TEAM BRIA for preparing the food and prizes that made the day more exciting

MEETING ADJOURNED: 3:00 PM



SCENES WE LIKE TO SEE

Blended Meeting

18 September 2021



FEATURED EVENTS

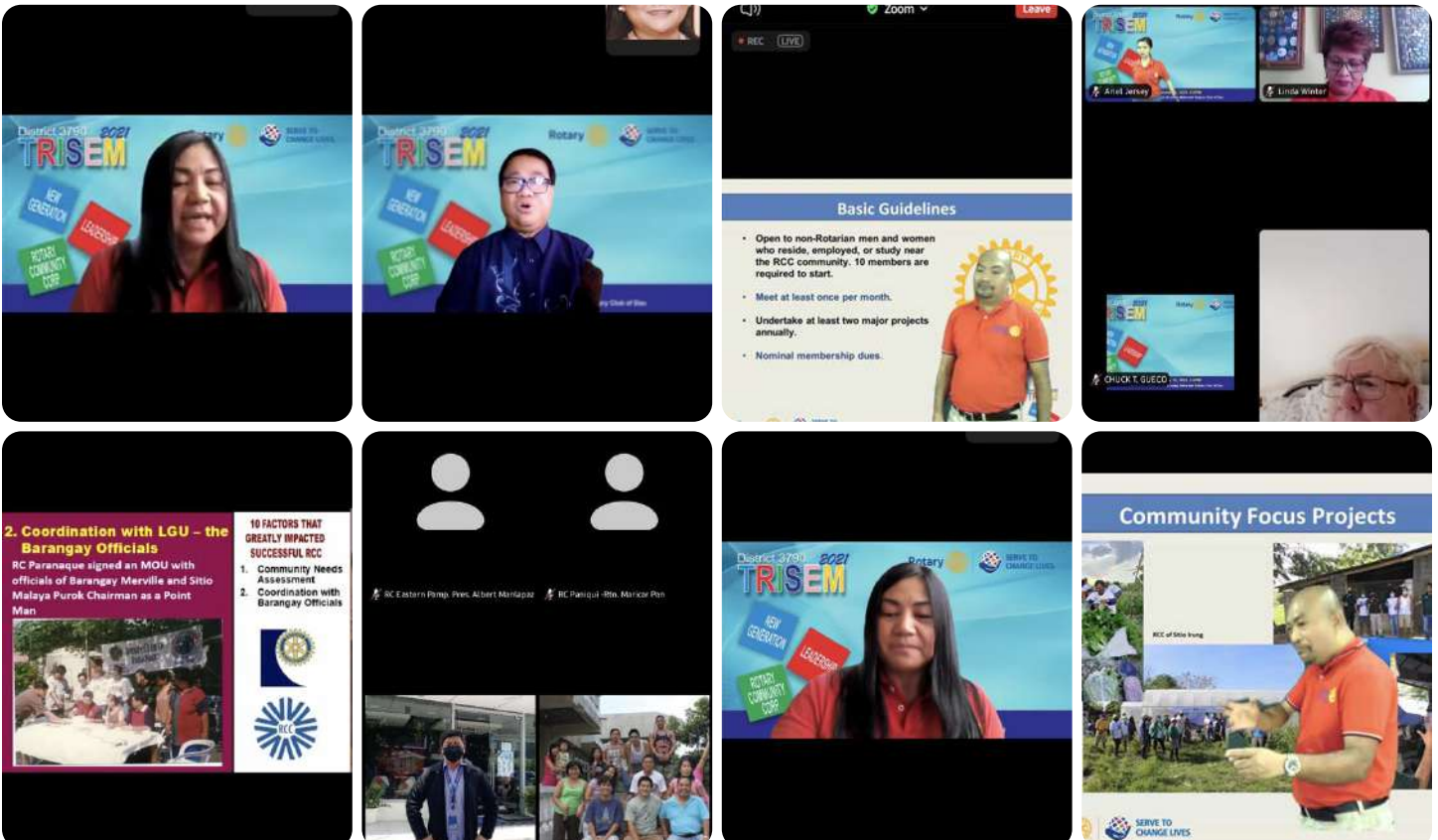
Recognition and awarding of ALAB BAGSIC TEAM

11 September 2021

Recognition and awarding of ALAB BAGSIC TEAM - personnel volunteer from Substation 3, Pacdal together with Acting Station Commandant PCTPT Rodolfo Serran, Pres. Arnel Cabanisas of the Rotary Club of Baguio

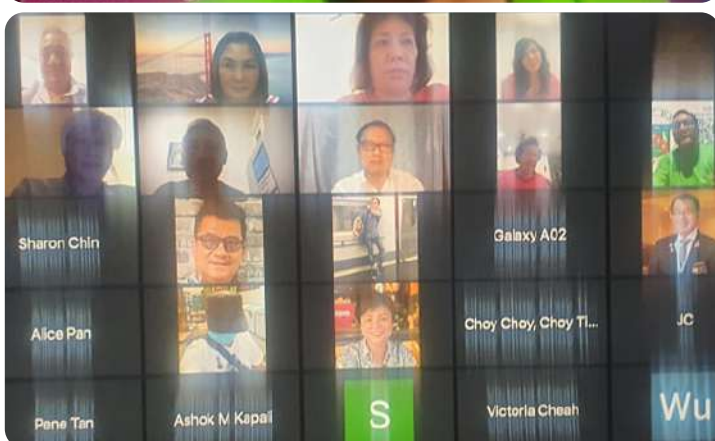
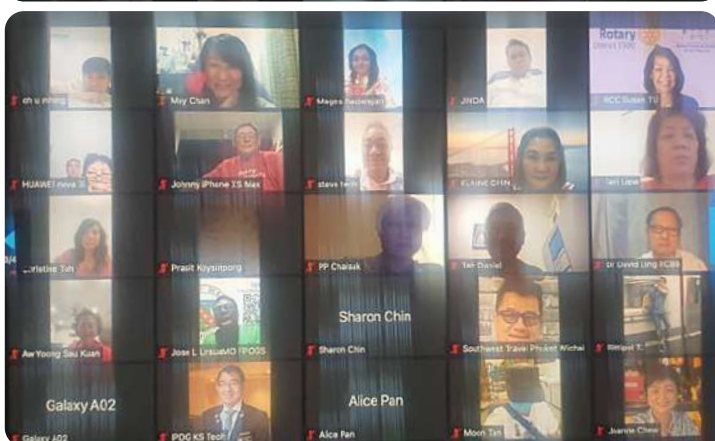


TRISEM



FEATURED EVENTS

Joint Meeting with RC Bukit Bintang



ROTARY INTERNATIONAL PAGE

How leadership opportunities enhanced my Rotary journey

<https://blog.rotary.org/2021/09/16/how-leadership-opportunities-enhanced-my-rotary-journey/>

By Isaac B. Owolabi, past governor of Rotary District 7670 and a member of the Rotary Club of Asheville-Biltmore, North Carolina, USA



Isaac Owolabi, third from left, with Rotary members preparing meals at the Veteran's Restoration Quarters in Asheville, North Carolina.

I am grateful for my involvement in Rotary, not only because it has allowed me to make many friends but to grow in countless ways. My excitement for Rotary has increased over the years because I have been fortunate to have been offered many opportunities to get involved, learn new skills, and lead. This is what is meant by participant engagement, a pillar of our Action Plan. And it is necessary if we want our clubs to thrive and grow.

My Rotary journey began 30 years ago, when a friend and I were exercising in a gym. We were approached by a gentleman who told us about this group of people committed to service that met in a nearby hotel for breakfast. We checked it out and after five visits, we were committed to join. The club grew from five to 27 people in just five months. I initially joined for networking but stayed because of the constant chance to improve myself and the lives of others.

Make room for others to serve

After three years, my job took me to another location, and I had to transfer to another club. At my second meeting in the new club, a member approached me and asked "How would you like to serve as our president nominee?" I left the meeting that day feeling that the club not only recognized

me but also believed in me enough to serve as president.

I have come across a lot of people who feel there is no room for them to serve in Rotary. This should not be the case. We are leaders and experts in our vocations. Club leadership has an obligation to continually listen to our members for new ideas and find service opportunities that are personally and professionally rewarding to them. We need to adopt a participant-centered approach to running our clubs. Every encounter is an opportunity to show others what Rotary can do and what they can do with us.

Survey members

My year as club president built my confidence and taught me how to work with others. I learned how to approach individuals and ask for their help. Sometime, people don't volunteer unless they are asked. But they feel honored if you ask them personally to complete a task for you. I took these same skills to my profession. People take interest in things they can help create or build.

Having the opportunity to serve as assistant governor and program chair further stretched my ability to work with others and ask for help, incorporating the expertise of others. I enjoyed working with other assistant governors to make our clubs better.

Getting our members involved is critical if we want to grow our clubs. In my club, we conduct surveys every year asking members what community projects they are interested in. We then find ways to get people involved. In my experience, the more we as leaders provide opportunities for our members to get involved, and encourage them to do so, the more they will stay and enjoy their Rotary experience. This excitement is contagious.

In my book *The Leadership Strategies for Non-profit Organization: My Rotary Story*, I capture many of the things I have learned as a leader in Rotary. It is my hope this will help future Rotary leaders embrace the full value of our Action Plan, and particularly engagement.

Learn more about Rotary's Action Plan, our blueprint for fulfilling our vision of a world where people unite and take action to create lasting change.

EDITOR-IN-CHIEF'S PAGE



EIC Cora Ocampo

Editor-in-Chief
Rotary Club of Baguio

Empowering girls in Mexico

<https://blog.rotary.org/2021/09/21/empowering-girls-in-mexico/>

By Sofia Brega, Rotary Positive Peace Activator and member of the Rotaract Club of Juárez Centro, Chihuahua, Mexico.



Growing up in Ciudad Juárez, Mexico, I always knew I wanted to work on girl empowerment and the rights of women. I wanted to be an activist for women's rights, and learned about [Girl Up](#), an organization that strives to advance opportunities for girls to be leaders. It's a club-based initiative that supports projects that focus on women's rights and builds awareness of current challenges for women in Mexico and elsewhere.

Not long after I learned about the organization, I founded a Girl Up club in Ciudad Juárez –Girl Up Fronterizas. Who knew all it would take was one Google search and a group of aspiring women that are committed to girl empowerment.

A couple of months later, I heard about a Positive Peace Workshop being held by Rotary and the [Institute for Economics and Peace](#) in Mexico. After attending the workshop and a follow up training for trainers, I was accepted into the Rotary Positive Peace Activator program and on my way to becoming a Rotary Positive Peace Activator. I had no idea how much impact this workshop would have on my goals, and my work with Girl Up, or the way in which I viewed issues of girl empowerment and women's rights.

Change in perspective

Although I was a committed activist for women's rights, it wasn't until I attended the workshop that I realized that my entire discourse was coming from the wrong perspective. I was focusing on violence and conflict – where instead I should have been talking about Positive Peace, and how my efforts on girl empowerment can support that.

Following the workshop, I founded the group, Activators de Paz Ciudad Juárez – or Peace Activators of Ciudad Juárez – a group that trains other agents of change and develops Positive Peace content for schools. Using the IEP methodology, the group also explores the possibility of creating indicators that measure Positive Peace in our communities at the municipal level.

I have now had the opportunity to share my experiences and knowledge in more than 10 forums, conferences, and trainings. One time, while working in a women's shelter, a teenage girl approached me and proudly said:

"The other day I was about to get mad with a girl from here [the shelter], but then I remembered what you said about trying to express my feelings in a more peaceful way."

The previous day, this girl had attended one of our Girl Up workshops, Negotiation and Non-Violent Communication. This workshop was created as a direct result of my attendance at the Positive Peace Activator Program. I felt all our effort was worth it.

Peace and gender

My career goal is very clear – following my experiences of working with Positive Peace, I want to become an intellectual authority on issues of peace and gender, and to be a consultant on the design and evaluation of public policies. As a member of Rotaract, and being just 21 years old, I'm striving to do my part in bringing about sustainable and lasting social change.

There are thousands of members of [Rotaract](#) just like me who want to see the issue of girl empowerment brought front and center. As a member of Rotaract, and as a future member of Rotary, I want to give back to Rotary the knowledge, the energy, and the experiences that I have gained working on the issue of girl empowerment and Positive Peace.

To learn more about [Rotary's partnership with the Institute for Economics and Peace](#) and Positive Peace programs, contact [Rotary-IEP Partnership Coordinator Summer Lewis](#)

MEMBER'S PAGE



PP Mia Joy Cawed

Past President
Rotary Club of Baguio

The Brain of an Elderly Person

The Director of the George Washington University College of Medicine argues that the brain of an elderly person is much more plastic than is commonly believed. At this age, the interaction of the right and left hemispheres of the brain becomes harmonious, which expands our creative possibilities. That is why among people over 60, you can find many personalities who have just started their creative activities.

Of course, the brain is no longer as fast as it was in youth. However, it wins in flexibility. That is why, with age, we are more likely to make the right decisions and are less exposed to negative emotions. The peak of human intellectual activity occurs at about 70 years old, when the brain begins to work at full strength.

Over time, the amount of myelin in the brain increases, a substance that facilitates the rapid passage of signals between neurons. Due to this, intellectual abilities are increased by 300% compared to the average.

And the peak of active production of this substance falls on 60-80 years of age. Also interesting is the fact that after 60 years, a person can use 2 hemispheres at the same time. This allows you to solve much more complex problems.

Professor Monchi Uri from the University of Montreal believes that the brain of an elderly person chooses the least energy-intensive path, cutting unnecessary and leaving only the right options for solving the problem. A study was conducted in which different age groups took part. Young people were confused a lot when passing the tests, while those over 60 made the right decisions.

Now let's look at the features of the brain at the age of 60-80. They are really rosy.

FEATURES OF THE BRAIN OF AN ELDERLY PERSON.

1. The neurons of the brain do not die off, as everyone around them says. Connections between them simply disappear if a person does not engage in mental work.
2. Absent-mindedness and forgetfulness appear due to an overabundance of information. Therefore, you do not need to focus your whole life on unnecessary trifles.
3. Beginning at the age of 60, a person, when making

decisions, uses not one hemisphere at the same time, like young people, but both.

4. Conclusion: If a person leads a healthy lifestyle, moves, has a feasible physical activity and has full mental activity, intellectual abilities DO NOT decrease with age, but only GROW, reaching a peak by the age of 80-90 years.

So don't be afraid of old age. Strive to develop intellectually. Learn new crafts, make music, learn to play musical instruments, paint pictures! Dance! Take an interest in life, meet and communicate with friends, make plans for the future, travel as best you can. Don't forget to go to shops, cafes, concerts. Do not lock yourself alone - it is destructive for any person. Live with the thought: ALL THE GOOD THINGS ARE STILL AHEAD OF ME!

■ Information!

A large study in the United States found that:

- The most productive age of a person is from 60 to 70 years;
- The 2nd most productive human stage is the age from 70 to 80 years old;
- 3rd most productive stage - 50 and 60 years old;
- Before that, the person has not yet reached his peak;
- The average age of the Nobel Prize laureates is 62;
- The average age of the presidents of the 100 largest companies in the world is 63 years;
- The average age of pastors in the 100 largest churches in the United States is 71;
- The average age of dads is 76 years;
- This confirms that a person's best and most productive years are between 60 and 80 years of age;
- This study was published by a team of doctors and psychologists in the NEW ENGLAND JOURNAL OF MEDICINE;
- They found that at 60 you reach the peak of your emotional and mental potential, and this continues until you are 80;
- Therefore, if you are 60, 70 or 80 years old, you are at the best level of your life;

SOURCE: New England Journal of Medicine

ANNOUNCEMENT

Rotary Presidential Conference - Manila : Experience only the Best

Rotary **PRESIDENTIAL CONFERENCE MANILA**
 ROTARY'S PREMIER LEADERSHIP CONFERENCE FOR ASIA PACIFIC IN 2021

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PROMO RATE OF USD 20 PER DELEGATE FOR THE FIRST 6,000 DELEGATES!
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FOR TICKET ENQUIRIES: ENQUIRIES@RPC21.PH

NOVEMBER 26, 27, 28 For more information, visit RPC21.PH

WE WILL ZOOM IN ON 2 OUT OF ROTARY INTERNATIONAL'S 7 FOCUS AREAS

GROWING LOCAL ECONOMIES **PROTECTING THE ENVIRONMENT**

Rotary's other areas of focus:

PROMOTING PEACE **FIGHTING DISEASE** **PROVIDING CLEAN WATER** **SUPPORTING EDUCATION** **SAVING MOTHERS & CHILDREN**

Photo credit: RC Greater Mandaluyong, RC Mandaluyong

Discover these focus areas in a new and unique light as we look at them through these 4 lenses

BUSINESS **ENVIRONMENT** **SUSTAINABILITY** **TECHNOLOGY**

NOVEMBER 26, 27, 28 For more information, visit RPC21.PH

LEARN NEW WAYS IN HELPING FAMILIES & ENTIRE COMMUNITIES OUT OF POVERTY

Which approach is the most inclusive and sustainable?
 Which one is the most effective and efficient?
 How can we accelerate it?

Photo credit: RC Greater Mandaluyong, RC Mandaluyong

Rotary **PRESIDENTIAL CONFERENCE MANILA**
 ROTARY'S PREMIER LEADERSHIP CONFERENCE FOR ASIA PACIFIC IN 2021

GET TO KNOW RPC21'S KEY THEME & HIGHLIGHTED AREAS OF FOCUS

NOVEMBER 26, 27, 28 For more information, visit RPC21.PH

RPC MANILA'S OVERARCHING THEME IS

GROWING LOCAL ECONOMIES & **PROTECTING THE ENVIRONMENT**

TOWARDS **BEST** OUTCOMES

Business for good. Environment for good.
 Sustainability for good. Technology for good.

NOVEMBER 26, 27, 28 For more information, visit RPC21.PH

SPONSOR

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61 YEARS OF CELEBRATING EXCELLENCE





THE CAÑAO EMBLEM

Our Official Club Bulletin has been called The Cañao. "Cañao" (pronounced as kan-yau) is actually the local term for the dance during native feasts or celebrations in the highlands of the Cordilleras- in Northern Luzon of the Philippines.

This is depicted in our Cañao emblem which shows a number of human figures in deep concentration—absorbed in ritual dance.

The attention, focus, commitment and unity of the club's members is represented by the dancing figures—in celebration or expectation of a bountiful harvest; much as we actually do—in anticipation of the joy derived from public service to the community—always coupled with fellowship. Hence, the sub-title of "A Celebration of Service."



Rotary Club of Baguio

THE RCB LOGO

The Rotary Club of Baguio (RCB) was chartered on 21 February 1938. The 4,587th member of Rotary International and the oldest club organized North of Manila; the 6th chartered Rotary Club in the entire Philippines.

Our over-simplified club logo (red) is a composite of the letters r, c & B; this is symbolic of the club's straightforwardness. Over-all cardioid-heart shape connotes that our members serve from the heart. The four basic elements (four quadrants— now 3D bevelled) are symbolic of Rotary's Four-Way Test and the members' commitment to it. Our charter year of 1938 is used as the mid-focal point of the logo, to emphasize our early beginnings and continuing dedication to

Service Above Self.



SERVE TO CHANGE LIVES



Baguio City, Philippines

R.I. District 3790, Club No. 16863
Chartered on 21 February 1938

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CP No.: 0917-501-1968 (Sec. Cora)
E-mail: RCBaguio1938@gmail.com
Facebook: [@rotaryclubbaguio](https://www.facebook.com/@rotaryclubbaguio)

The Rotary Club of Baguio meets every Saturday at 12:30 to 2:30 pm.

Sec/EIC Maria Corazon Ocampo

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