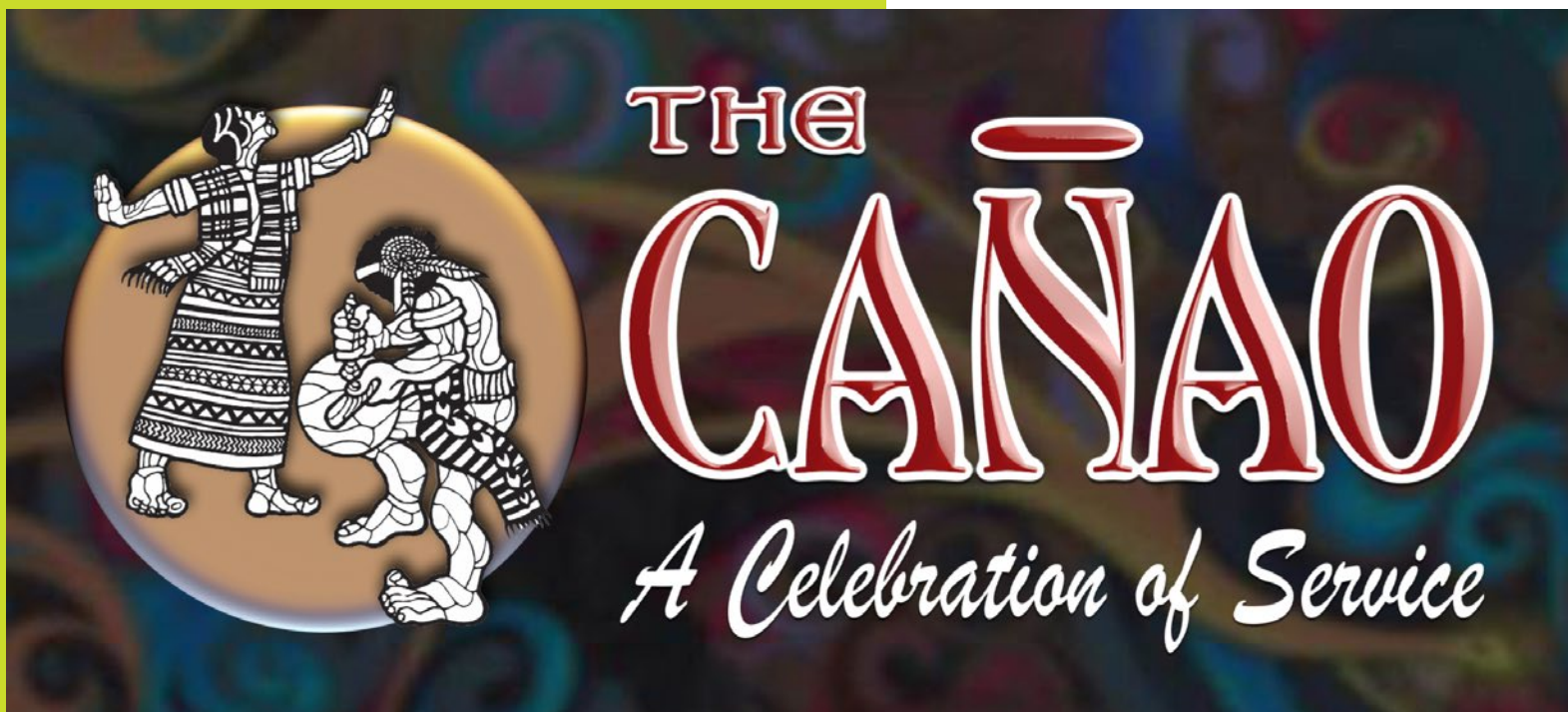


Rotary Club of Baguio



OFFICIAL CLUB BULLETIN
Volume LXXVIII - Issue 06
Saturday, 23 August 2025

INDUCTION ISSUE



Baguio City, Philippines
R.I. District 3790, Club No. 16863
Chartered on 21 February 1938

The Rotary Club of Baguio
meets every Saturday
at 12:30 to 2:30 pm
at the Baguio Country Club



INTERACTIVE LINKS
<https://rcbaguio.org>
<https://canao.rcbaguio.org>
Email: canao@rcbaguio.org



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THE CAÑAO & NEW EMBLEM

Symbolizing unity, joy, and gratitude, “Cañao” (pronounced kan-yau) is a traditional dance from the Cordilleras in Northern Luzon of the Philippines, celebrated during feasts and gatherings.

Our new emblem shows a male and female in ritual dance within a native gong—honoring abundance, much like how we celebrate service and fellowship in Rotary. Truly, “A Celebration of Service.”



PRESIDENT'S MESSAGE

HONORING OUR HERITAGE, EMBRACING OUR FUTURE

Today, 23 August 2025, is not just another date on the Rotary calendar—it is a moment of deep pride and humble reflection for all of us. On this day, 87 years ago, the Rotary Club of Baguio became the 6th Rotary Club to be established in the entire Philippine archipelago. What a remarkable legacy we inherit! Through wars, disasters, social change, and the passing of generations, our Club has stood proudly as a beacon of service and fellowship in Northern Luzon.

It is therefore with great humility and a profound sense of responsibility that I, Jose L. Ursua, accept the honor of serving as the 83rd President of this storied and esteemed Club. When I look back on the long line of Presidents who came before me—many of them legends in our own Rotary circles—I cannot help but feel both inspired and challenged. Inspired by what they were able to accomplish. Challenged to live up to that same standard of excellence.

Our timeless motto, “Service Above Self,” continues to guide our steps. And the theme for this Rotary Year, “Unite for Good,” reminds us that our service is strongest not when we act alone, but when we stand hand in hand, united by a shared purpose. Unity is not just a theme—it is a call. A call to move forward together. A call to strengthen one another. A call to set aside our differences for the sake of something greater.

As a physician, I have dedicated my professional life to healing, serving, and alleviating suffering. I have always believed that, beyond our titles and tools, the most powerful instrument we possess is our heart. That is also the spirit of Rotary. We do not serve simply

because we can—we serve because we care. Because every life touched, every hand held, every problem solved becomes a quiet testimony of what is possible when compassion becomes action.

To my fellow Rotarians: let us always remember that no one can do this alone. Real change—the kind that transforms communities and inspires future generations—only happens when people of goodwill work together. Each of us brings unique talents, networks, and experiences. But when these are pooled in fellowship, they become a powerful force for good.

Thank you for the trust you have placed in me. I admit that I take on this role with a mixture of excitement and quiet hesitation. But your support, your encouragement, and our shared respect for the legacy of the Rotary Club of Baguio have strengthened my resolve. You have walked with me. You have believed in me. And for that, I am deeply grateful.

Over the next eleven months, we will face hurdles. There will be moments of doubt and difficult decisions. But I also know there will be victories—big and small—that we will celebrate together. Because the moment we stand united, we are already doing good. And when we stay united, we will surely achieve even greater things.

Mabuhay ang Rotary Club of Baguio!

To God be the glory.



PRES. JOE URSUA

RCB President
RY 2025-2026





MEMBERS' ROSTER



HONORARY MEMBERS

PP Angeling Palma
PP Loreto Panglinan
PDG Seiichi Morita
PDG Dai Bong Yu
PDG Teo Kwan Swee
PDG Chul Min Choi

NAME

CLASSIFICATION

Dir. Mariver Agayas -----	COMMUNCTN/MEDIA- Correspondent
Rtn. Nancy Alabanza-----	FOOD INDUSTRY- Meat Processing
Rtn. Modesto Bahul-----	GOVERNMENT- Judiciary
PP Vicenia Balajo -----	HEALTH CARE- Obstetrics & Gynecology
PP Marilyn Barredo -----	BANKING/MONEY- Information Technology
PE/Dir. Reymund Barrios -----	MKTG/SALES- Animal Feeds
PP Ricardo Bondoc Jr.-----	SOCIAL SERVICE- Entrepreneurship Dev
Rtn. Katrina Busantog -----	LEGAL- Public Defence
PP Arnel Cabanisas-----	MGMT/ADMIN- Executive Mgmt
Rtn. Evangeline Cacho-----	FOOD INDUSTRY- Catering
Dir. Lorena Cachola -----	SERVICES- Personal Care
PP Anita Calabias -----	INSURANCE- Entrepreneurship
PP Mia Joy Cawed -----	LEGAL – Judiciary
PP/EIC Rafael Chan-----	ARCHITECTURE- Green Building
PP Dionisio Claridad -----	HEALTH CARE- Administration
Dir. Benedicto Grajo -----	SERVICES- Incognito Pest Control
Dir. Emylou De Guzman-----	FOOD INDUSTRY- Finance Manager
Rtn. Ericson De Guzman -----	PUBLIC RELATIONS- Consumer Welfare
Rtn. Dwight Dulnoan -----	MINING- Exploration
PP Mary Leilani Fabi -----	COMMUNCTN/MEDIA- Telecom
PP Chris Fernando Faelnar -----	ENGINEERING- Electrical Engineering
PP Cyrus Fagar-----	ENGINEERING- Civil Engineering
PP Elizabeth Fernandez -----	LEGAL- Criminal Law
Rtn. Glenliel Flores-----	CONSTRUCTION- Comm'l/Resid'l Contracting
Rtn. Jeffrey Isip-----	INSURANCE- Risk Management
PP Gormito Kaur -----	MARKETING/SALES- Retail Sales
Rtn. Ailyn Kindipan-----	EDUCATION-Art
PP Ben Ladilad-----	AGRI/FORESTRY- Research & Development
Rtn. Estela Landayan-----	EDUCATION- Secondary
PP Alfredo Laygo-----	EDUCATION- Medical
PP Evangeline Maranan-----	MGMT/ADMIN- Special Events
PP/Aud. Alma Teresa Mendalla-----	BANKING/MONEY- Regional Operations
PP Ali Morales-----	BANKING/MONEY- Bank Manager
Rtn. Cornelio Naguit Jr. -----	HEALTH CARE- Geriatrics
PP/Sec. Ma. Corazon Ocampo-----	EDUCATION- Consultancy/Entrepreneurship
Rtn. Levy Lloyd Orcales -----	GOVERNMENT- City Legislation
Rtn. Krashemae Padilla -----	COMMUNCTN/MEDIA- Videography
PP Christopher Peralta -----	HEALTH CARE- Diabetology
Dir. Eduardo Ramos-----	SERVICES- Memorial Admin
Rtn. Ruth Rillera -----	HEALTH CARE- Nurse
Dir. Julius Solis-----	CLERGY/RELIGIOUS- Pastor
Rtn. Arlene Joy Sumalag-----	ART & DESIGN- Handicrafts
PP Benito Sunga-----	HEALTH CARE- Urologyw
PP Alberto Talco -----	ENGINEERING- Civil Engineering
Dir. Glaizazette Tan -----	SERVICES- Dorm Administration
Rtn. Ronald Carlton Tan-----	REAL ESTATE- General Practice
Pres. Jose Ursua-----	SCIENCE/TECH- OBGyne Sonology
Dir. Emmanuel Velasquez -----	MKTG/SALES- Management
Rtn. Anecita Viernes -----	FOOD INDUSTRY- Preserved Items
IPP Jesusa Villanueva -----	GOVERNMENT- Deeds Examination
Rtn. Harly Wasing -----	ENTERTAINMENT- Announcer
Rtn. Peter Wasing -----	ENTERTAINMENT- Journalist
PDG/PP Linda Winter-----	HEALTH CARE- Dentistry



EVENTS & ACTIVITIES FOR AUGUST

AUGUST BIRTHDAYS:

07 – Dir. Benedicto GRAJO
15 – Rtn. Modesto Jr. BAHUL
22 – Rtn. Glenliel FLORES

AUGUST WEDDING ANNIVERSARIES:

18 - 7th Anniversary of Dir. Glaiza and RS Ronald Tan
19 – 47th Anniversary of PP Raffy and RAPP Josie Chan

AUGUST ANNIVERSARY IN RCB:

09 – PP Raffy (27 years)
21 – PGD Linda (32 years)
26 – PP Alfred (30 years)
29 – Sec Cora (16 years)

MOST RECENT EVENTS & ACTIVITIES FOR AUGUST 2025:

15 – Fireside Chat at Dir. Eduard's Residence (#73 Purok 3 Happy Hallow Extension, Baguio City), 5pm
Participants: PP Chris F, PP Albert Laygo, Dir. Reymund with RA Cecille, Dir. Eduard with spouse RA Vanessa, Rtn. Harley, Rtn. Arlene, Dir. Benedict, Rtn. Tonton, Dr. Bong Naguit Jr.

18 – BOD meeting, 5pm at the Cocina del Sol
Participants: Dir. Lou, Dir. Reymund, Dir. Benedict, Pres. Joe, PP/Treas. Marilyn, Dir. Edmund, PAG/PP Gigi, PP Chris F. Sec Cora, Dir. Vell, Dir. Lorena, Dir Glaiza and Dir. Noel.

UPCOMING EVENTS & ACTIVITIES FOR AUGUST 2025:

20 – Early Bird Registration (P1,700) for the Public Image Seminar that will be held in San Fernando La Union on 06 September 2025

23 – RCB Induction Ceremony, Titanium Hall, Hotel Supreme at 6pm
(Attire: Formal black, coat and tie/ cocktail dress)

16 AUGUST 2025 ATTENDANCE:

WE MISSED YOU: Rtn. Nancy, Rtn. Modz, PP Jun, Rt. Kat, Rtn Vangie, Rtn. Eric, PP Lani, Rtn Glen, Rtn. Jeff, Rtn. Kacey, Rtn. Jojo, Rtn. Annie

EXCUSED: PP Mia, Rtn. Ike, PP Cy Fagar,, PP Ben, Rtn. Lily, PP Chris P, PP Benny, PDG Linda

MAKE-UPS: Dir. Vell, Dir. Lorena, Dir Lou, PP Atom, PP Ali, Rtn. Levy, Dir. Ed, Rtn. Arlene, Dir. Glaiza, Dir. Noel, IPP Susan

ON-LEAVE: Rtn. Ailyn, Rtn. Ruth

GUEST:

GHS RCLT President Myrna Sison



PP CORA OCAMPO

RCB Secretary
RY 2025-2026



GUEST OF HONOR & SPEAKER

District Governor **DANILO PHILIP R. TORRES**

DG DANILO PHILIP R. TORRES, MD

- Fellow, Philippine College of Radiology
- Fellow, Ultrasound Society of the Phil.
- Fellow, CT and MRI Society Philippines
- Entrepreneur

EDUCATION

University of Santo Tomas College of Medicine

University of Santo Tomas College of Science

WORK EXPERIENCE

Chairman radiology section:

Notre Dame De Chartres Hospital

University Of Baguio

MetroBaguio Laboratories

Family Polyclinic, Inc.

Nationwide Health System, Inc.

Baguio General Hospital – Medical Specialist IV

LEADERSHIP EXPERIENCE

Past President: Baguio – Benguet Medical Society

Past President: Central and Northern Luzon Chapter Philippine College of Radiology

Board Examiner: Philippine College of Radiology

Chairman of Imaging Department: Baguio General Hospital & Medical Center (2005-2008)

ROTARY LIFE

Inducted Member of Rotary Club of Baguio North: 2001

Past President: 2004-2005 Term of PDG Jaypee Cadaing

Past Assistant Governor: Term of PDG Owens Torres

Past District Secretary: Term of PDG Manny Yu

Past Assistant Governor: Term of PDG Ann Lorenzana

PHF MAJOR DONOR

BUSINESS EXPERIENCE

Partner: MetroBaguio Laboratories

Partner: Family Centerpoint Resort (Malasiqui, Pangasinan)

Partner: Northwest Glass & Aluminum Trading

Partner: Cityhub Laboratories

Partner: Dr Health Medical & Diagnostic Center

Partner: Beans & Breeze Café Bistro

AWARDS

Top Ten Most Outstanding Physicians of the Philippines, 2013

Awarded by the Philippine Medical Association

HOBBIES

Golf and Biking

SPOUSE

Maria Rosario Q. Torres – Nurse

CHILDREN

Danilyn Rose Torres- Morado, MD

Leah Theresa Torres- Cortez, MD

Lara Torres – Gongora, MD

Christian Philip Q. Torres, MD

GRANDCHILDREN

Marcus T. Morado

Dos T. Cortez

Daniel T. Gongora

Rosealyn Ellyse Torres

CONTACT

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HOME ADDRESS

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Camp 7, Baguio City

BUSINESS ADDRESS

MetroBaguio Laboratories
146 Kisad Road, Baguio City
Benguet 2600

EMAIL:

Dantor20042004@yahoo.com



DG DAN TORRES

R.I. District 3790
Governor, RY 2025-2026



IN RETROSPECT

MEETING OF 16 AUGUST 2025

12:30 pm PP Marilyn Barredo, Program Coordinator, the members were ready. Pres. Joe Ursua called the meeting to order. The invocation, led by Rtn. Tonton Tan was done, followed by the singing of the Pambansang Awit, the Rotary Hymn and the Four-Way Test.

12:40 pm PE Reymund Barrios introduced the visiting Rotarians and guests. This was followed by the Entertainment where PP Chris Faelnar, who brought his karaoke machine, sang love songs of Kenny Roger. PE Reymund and PP/Sec Cora Ocampo attempted a duet of "Islands in the Stream." They did a fairly good job.

1:00 pm The raffle was conducted by PP Baby Kaur. Up for grabs were native wallets and bags and pashminas.

1:10 pm Dir. Benedict Grajo did the finest moments. For a first timer, he did it rather well, fining the attendees of the various activities done the previous week.

1:15 pm For members time, the upcoming club induction was, once again announced for the benefit of the members who were not present the previous weeks. Members were also invited to attend the board meeting which was going to be held the following Monday. PP/Treas Marilyn Barredo presented the financial report for the month of July.

1:25 pm Pres. Joe Ursua gifted the members with special salt from his hometown with the catchphrase "Be the salt of the earth," which means to live in a way that adds goodness, preserves moral values and quietly enriches the lives of others. He also thanked the attendees of the Fireside Chat and the Grant Management Seminar.

1:40 pm Dr. Cornelio Naguit, sponsored by PP Atom Mendalla, was then introduced by PP/Sec Cora Ocampo and was charged by PP Afred Laygo in preparation for his oath-taking. Pres. Joe Ursua then inducted him into the club. Welcome to the Rotary Club of Baguio Rtn. Bong Naguit! In his acceptance speech, Rtn. Bong stated that he joined Rotary for a more meaningful retirement.

2:00 pm I introduced the Guest of Honor and Speaker, Pres. Myrna Sison of the Rotary Club of La Trinidad, who spoke about trying to revive her club and re-build the passion for service among its members. The club is presently struggling with its membership, since most of them are still young and busy building their careers. The club is at a risk of dying with the decline of membership, fellowship and energy. Pres. Myrna asked RCB, their mother club to help build the passion through mentorship and re-Rotarizarion. Their club is in need of more members who are Rotarians at heart.

2:25 pm The open forum started with PP Bert Talco suggesting that RCB members could do make-ups and attend meetings of RC La Trinidad. PP Veeh Balajo asked in what other way could their mother club help? PP Chris Faelnar suggested the possibility of having joint projects with them.

2:33 pm The response was given by RC La Trinidad's godfather, PP Diony Claridad who thanked the speaker for trying to revive the club and extended a helping hand.

2:35 pm Pres. Joe Ursua presented the certificate of appreciation and the club then sang the RCB Hymn and Pilipinas Kong Mahal

2:40 pm Meeting was adjourned.



PP GIGI MARANAN
RCB Past President







THE ROTARY CLUB OF BAGUIO HYMN (The Force of Goodwill)

Composed by Dennis P. Flores, M.D.

Instituted in February 2013, in conjunction with our
DIAMOND JUBILEE CELEBRATION

We have been summoned by God's loving call
To follow a great, self-less road
To serve, heart and mind, every trial, stand tall
Unburden a man's heavy load...

Trained to examine the gifts of the past
Consider the present we bear
To aim for the best of the future we must
Broaden our minds as we care...

We are the force built on Goodwill and Service
Love friend or foe, we embrace this demand
Called to be brave through life's burning furnace
Rotary Club of Baguio, we stand

The Truth, all actions must certainly yield
To all of our mankind, be fair
For Goodwill and Friendships we constantly build
Forever God's Goodness we share...

We are the force built on Goodwill and Service
Love friend or foe, we embrace this demand
Called to be brave through life's burning furnace
Rotary Club of Baguio, we stand

We are the force built on Goodwill and Service
Love friend or foe, we embrace this demand
Called to be brave through life's burning furnace
Rotary Club of Baguio, we stand!



We are the members of the
Rotary Club of Baguio (RCB),
the Mother Club of District 3790,

proud of the traditions passed on
to us by our Rotary forebears,
which have been preserved
from our rich and
glorious **PAST**.

To this day, these traditions
have been continued and,
when appropriate,
transformed as they would
best function in
our **PRESENT**

Commitment to Serve.
We likewise proudly and
continually look forward
to the **FUTURE**,
carefully steering ourselves toward
where we could best serve
our community, our country,
our world.

As a group of committed leaders,
we never forget to include in our
Commitment to Serve:
the lessons of the **PAST**,
the wisdom of the **PRESENT**
and our dynamism
towards the **FUTURE**.



LIFE EXTENDING POWER OF ROTARY MEETINGS

We often think of Rotary as a service organization — a place where we join hands to help others, improve communities, and make a difference. But have you ever stopped to think that our weekly Saturday meetings might also be quietly extending our lives?

It may sound like a bold claim, but medical and psychological studies back it up: regular human interaction is a powerful contributor to longer, healthier lives. People who maintain meaningful social connections tend to have stronger immune systems, lower stress levels, better heart health, and sharper minds as they age. And our Saturday meetings offer exactly that — a regular dose of camaraderie, laughter, shared purpose, and genuine human connection.

When we gather, we don't just exchange project updates or listen to guest speakers. We swap stories. We tease each other good-naturedly. We laugh — sometimes loudly enough to make people at the next table curious about what's so funny.

We greet each other with handshakes, pats on the back, or a friendly nod across the room. These small gestures send our brains a reassuring message: I belong. I matter. I am part of something bigger than myself. That message is medicine in itself.

But here's an honest question: Is once a week enough to reap the full health benefits? In truth, a single meeting is like a healthy meal — it's good for you, but its benefits multiply when paired with other nourishing habits. Think of our Saturday fellowship

as the “anchor event” of your week. It can be the spark that inspires more interaction in between meetings — a quick call to a fellow member, lunch with an old friend, or even a chat with a close Rotarian.

Rotary gives us the structure, but it's up to each of us to build on it. If Saturday is the heartbeat, the days in between are the steady pulse that keeps our social lives — and our health — vibrant. That's why reading our Cañao Club Bulletin, checking our Facebook group chats, and staying engaged in club activities matter. They keep the conversation going, even when we're not in the same room.

Our older members, especially those already excused from attendance, are living proof of the value of staying connected. They could easily decide to fade quietly from club life, but they keep showing up — and they keep thriving. Their example should remind everyone that engagement is not a duty, but a gift we give ourselves.

So, the next time you're tempted to skip a Saturday, remember: it's not just another meeting. It's a weekly investment in your health, your happiness, and maybe even your life expectancy. And the more you nurture those Rotary connections outside of Saturday, the richer — and possibly longer — your life will be.

After all, service above self isn't just about helping others live better. Sometimes, it's also about helping ourselves live longer.



PP RAFFY CHAN
Cañao Editor-in-Chief
RY 2025-2026

PROGRAM FOR TODAY

CLUB INDUCTION at HOTEL SUPREME Titanium Hall

Saturday, 23 August 2025

TIME	PORTION	IN CHARGE
5:00 pm	Registration and Fellowship	
6:00 pm	Sisterhood Signing -----	RCB & Rotary Club of Pasay
6:30 pm	Call to Order -----	IPP Susan Villanueva
	Invocation Song -----	PP Cora Ocampo
	Pambansang Awit, Rotary Hymn, Four-Way-Test -----	(Everyone)
6:45 pm	Welcome Remarks -----	PE Reymund Barrios
6:50 pm	DINNER -----	Hotel Supreme Staff
	Entertainment -----	PP Benny, PP Diony, PP Chris F. and Dir. Noel
7:15 pm	Introduction of Visiting Rotarians & Guests (VRG)-----	PP Alfred Laygo
	The Year That Was -----	AVP
7:30 pm	Valedictory Address -----	IPP Susan Villanueva
	Introduction of Incoming President and Board of Directors-----	PP/Sec. Cora Ocampo
7:45 pm	Induction of Incoming President and Board of Directors-----	DG Dan Torres
	Introduction of Pres. Joe Ursua -----	PP Veeh Balajo
8:05 pm	Acceptance Speech -----	Pres. Joe Ursua
	Presentation of Leadership Award -----	Pres. Joe Ursua & IPP Susan Villanueva
8:20 pm	Introduction of Guest of Honor & Spaeaker -----	PP Chris Faelnar
	Inspirational Speech-----	DG Dan Torres
8:40 pm	Presentation of Token of Appreciation-----	Pres. Joe Ursua
8:45 pm	RCB Hymn -----	(Everyone)
	Pilipinas Kong Mahal-----	(Everyone)
8:50 pm	Adjournment-----	Pres. Joe Ursua
8:55 pm	Fellowship and Raffle -----	PP Chris Faelnar & Dir. Eduard Ramos
	Entertainment by: Renz & Company	
	Program Coordinator -----	Rtn. Levy Orcales
	Retrospect -----	PP Gigi Maranan
	Imager -----	Rtn. Harly Wasing

PARTICIPANTS FOR NEXT MEETING

REGULAR MEETING at the BCC Wolfson Room

Saturday, 30 August 2025

Invocation -----Dir. Lorena Cachola
 Introduction of VRG----- PP Marilyn Barredo
 Entertainment----- Rtn. Kaycee Padilla
 Raffle----- Rtn. Levy Orcales
 Finest Moments----- PE Reymund Barrios

Introduction of CHS ----- PP Raffy Chan
 Club Honored Speaker ----- PP Chris Faelnar
 Topic: Membership Engagement
 Program Coordinator ----- PP Veeh Balajo
 Retrospect ----- PP Mia Cawed
 Imager ----- Rtn. Harly Wasing

AUGUST IS MEMBERSHIP & NEW CLUB DEVELOPMENT MONTH

