

Rotary Club of Baguio



OFFICIAL CLUB BULLETIN
Volume LXXVIII - Issue 24
Saturday, 07 February 2026

RTN. ANNIE VIERNES
Club Honored Speaker



Baguio City, Philippines
R.I. District 3790, Club No. 16863
Chartered on 21 February 1938

The Rotary Club of Baguio
meets every Saturday
at 12:30 to 2:30 pm
at the Baguio Country Club



INTERACTIVE LINKS
<https://rcbaguio.org>
<https://canao.rcbaguio.org>
Email: canao@rcbaguio.org

CONTENTS AT A GLANCE

COVER

01



PRESIDENT'S
MESSAGE

03



MEMBERS'
ROSTER

04



SECRETARY'S
UPDATE

05



FEATURE
PAGE

06



IN
RETROSPECT

07



RETROSPECT
SCENES

08-09



TEACHING
PROTOCOL

10



EIC
MEDITATIONS

11

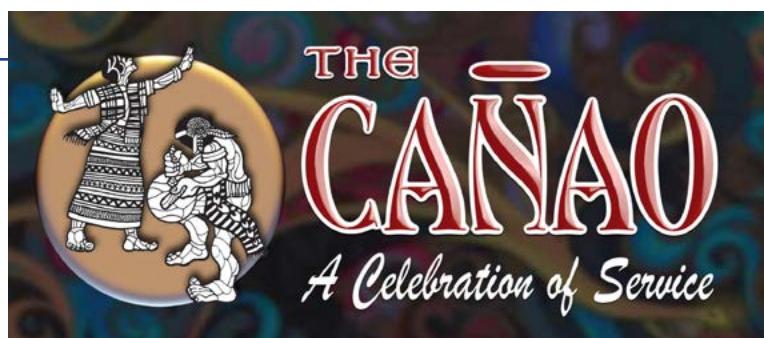
PROGRAM FOR TODAY
PARTICIPANTS NEXT MEETING

12

THE CAÑAO & NEW EMBLEM

Symbolizing unity, joy, and gratitude, "Cañao" (pronounced kan-yau) is a traditional dance from the Cordilleras in Northern Luzon of the Philippines, celebrated during feasts and gatherings.

Our new emblem shows a male and female in ritual dance within a native gong—honoring abundance, much like how we celebrate service and fellowship in Rotary. Truly, "A Celebration of Service."



PRESIDENT'S MESSAGE

GRATITUDE IN SERVICE

Allow me to begin by expressing my heartfelt thanks to everyone who contributed to the success of our recent **Club Assembly**. It was an engaging and meaningful gathering, made even more effective by the dedication of many individuals working quietly and faithfully behind the scenes.

Special recognition goes to our program coordinator par excellence, **PP Benny Sunga**, who skillfully moderated the program and ensured that the assembly ran smoothly and efficiently. My sincere thanks as well to **PP Veeh** for once again presenting the list of our appointed personalities and their respective functions—a helpful reminder of how far we have progressed together as a club.

I would like to single out a few Rotarians whose service to RCB truly reflects a labor of love. To **PP Arnel**, thank you for clearly explaining the details of our scholarship program, and to **PP Benny** as well for reporting that we continue to support scholars this year—clear proof that our commitment to education remains strong and meaningful.

Our deep gratitude goes to **Rtn. Bong Naguit**, who continues to live out **Service Above Self** through his compassionate service to our brothers and sisters at the Baguio City Jail and the Persons Deprived of Liberty. Through his efforts, we are able to address healthcare and maintenance concerns, reminding them that Rotary cares. Salamat ng marami, Rtn. Bong.

I also wish to acknowledge our **Youth Service Chair, Sec. PP Cora**, for actively participating in **RYLA** and ensuring that our Rotaractors were well cared for and that RCB was well represented during the event last January 24 in Pangasinan. Thank you as well for diligently reporting your committee's activities over the past seven months.

Our sincere appreciation goes to our beloved adviser, **PP Alfred Laygo**, for once again joining our medical missions

and for his continuous guidance to our Rotaractors, particularly in the discipline and practice of medicine.

This February 7, I regret that I will be unable to preside over our meeting, as I will be joining the Department of OB-GYN of **SLU Sacred Heart Medical Center** for a postgraduate CPD activity. My apologies, and thank you for your kind understanding.

I am pleased to share that I am already registered for the **Polio Banquet** on February 21, 2026, in Urdaneta. I encourage everyone to continue supporting our Polio Fund. On this note, my sincere thanks to **PP Ali** for leading our club to the top—your dedication continues to inspire us.

Thank you as well to **PP Veeh** for accepting the task of preparing the program for our **88th Anniversary Celebration** on February 19, 2026, at the Supreme Hotel Convention Plaza's Diamond Ballroom. Beyond the food and festivities, we look forward to sharing fellowship with fellow Rotarians from near and far.

I would also like to thank **Rtn. Nancy** for joining me at the Baguio Market, through BAMARVEMPCO, in distributing masks to vendors and market-goers under our campaign, "*Iwasan ang Super Flu.*"

My appreciation also goes to our **Club Administration** for consistently preparing our weekly meetings, and to our RCB lawyers—**PP Mia, PP Libby, and Rtn. Kat**, whom I also congratulate on her appointment as Judge of Kapangan, Benguet—for their guidance as we review our Constitution and By-Laws.

Finally, special thanks to our indefatigable **Editor-in-Chief, PP Raffy**, for his labor of love in preparing our bulletin week after week. And to all Rotarians who serve quietly and faithfully—please know that your efforts are seen, valued, and deeply appreciated.



PRES. JOE URSUА

RCB President
RY 2025-2026

MEMBERS' ROSTER

ROTARY CLUB OF BAGUIO
CURRENT ACTIVE MEMBERS
President and Past President List - to follow



Dr. Mariver Agayas



Rtn. Nancy Alabanza



PE Reymund Barrios



Rtn. Kat Bosantog



Rtn. Vangie Cacho



Dir. Lorena Cachola



Dir. Emylou de Guzman



Rtn. Ericson de Guzman



Rtn. Dwight Dulnoan



Rtn. Gleniel Flores



Dir. Benedicto Grajo



Rtn. Jeffrey Isip



Rtn. Ailyn Kindipan



Rtn. Lily Landayan



Rtn. Cornelio Naguit Jr.



Rtn. Levy Lloyed Orcalez



Rtn. Krashemae Padilla



Dir. Eduardo Ramos



Rtn. Ruth Rillera



Rtn. Arlene Joy Sumalag



Dir. Glaizazette Tan



Rtn. Ronald Carlton Tan



Dir. Emmanuel Velasquez



Rtn. Anecita Viernes



Rtn. Harly Wasing



Rtn. Peter Wasing

SECRETARY'S UPDATE

EVENTS & ACTIVITIES FOR FEBRUARY

FEBRUARY BIRTHDAYS:

01 – PP Lani Fabi
 06 – Dir. Lorena Cachola
 09 – Dir. Glaiza Tan
 25 – PP Chris Peralta

MOST RECENT EVENTS & ACTIVITIES:

Weekly – Mental Health Help Desk in Baguio City Jail (male and female dorms)
Participants: Rtn Bong (lead)

UPCOMING EVENTS & ACTIVITIES:

21 February – POLIO PLUS Banquet, 2nd Floor Levo Hotel, San Vicente Urdaneta City at 4 PM

ATTENDANCE

31 JANUARY 2026

WE MISSED YOU LAST MEETING: Dir. PP Jun, Rtn Vangie, PP Anet, Rtn Eric, PN Lou, PP Lani, Rtn. Glenn, Rtn. Jeff, PP Baby, PP Atom, PP Ali, Rtn Kacey, Rtn Jojo, IPP Susan, Rtn Harly, Rtn. Peter

EXCUSED: Rtn. Ike, PP Libby, PP Cy, PP Ben, Rtn. Lily, PDG Linda, PP Bert

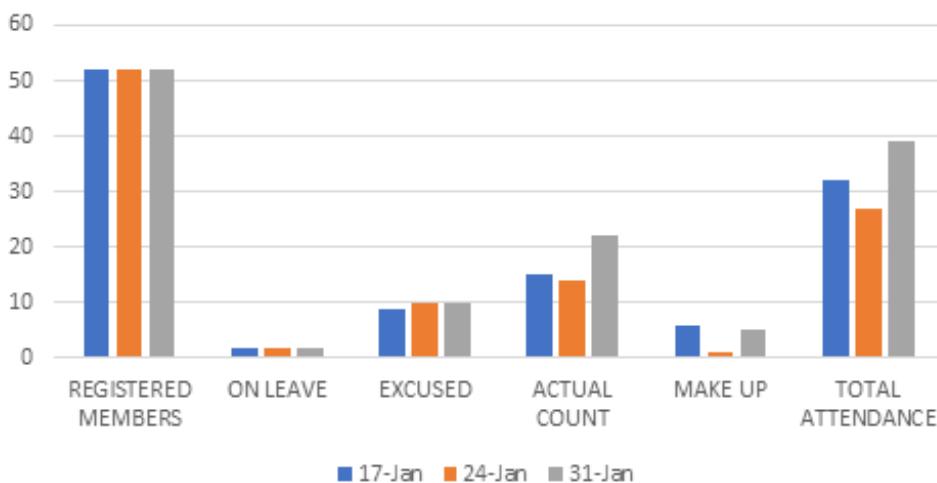
MAKE-UP: Rtn. Bong, Rtn. Nancy, Dir. Benedict

ON-LEAVE: Rtn. Ruth and Rtn Ailyn



PP CORA OCAMPO
 RCB Secretary
 RY 2025-2026

JANUARY ATTENDANCE



F FEATURE PAGE

FEBRUARY: A MONTH OF LOVE AND FELLOWSHIP

February in the Rotary Club of Baguio, gives us a reason to pause and honor the gift of life among a few members. February, though the shortest month of the year, carries a depth of meaning that makes it truly remarkable. It is a time when the world speaks of love, kindness, and connection. For our February birthday celebrants, this month adds an extra layer of warmth to their special days, reminding us that life is most meaningful when shared in love, in fellowship, and in the simple joys of being together.

February in the Philippines is often marked by cool weather and gentle breezes, a lingering gift from the early months of the year. It is also the month when Valentine's Day fills homes, schools, and communities with flowers, music, and celebrations of affection. Beyond romance, however, February has long stood as a reminder of all forms of love—love for family, for friends, for community, and for humanity itself. To be born in February is to share a birthday with this season of kindness, making celebrations all the more heartfelt and meaningful.

Science and culture have their insights about February-born individuals. Studies suggest that those born in this month often display creativity, empathy, and a strong sense of individuality. They are said to be visionaries, blessed with unique perspectives and a capacity to inspire others. In practice, many February celebrants indeed carry these qualities—they bring warmth where there is cold, compassion where there is need, and fresh ideas where there is challenge. They seem to have a natural gift for making others feel valued and included, qualities that strengthen the

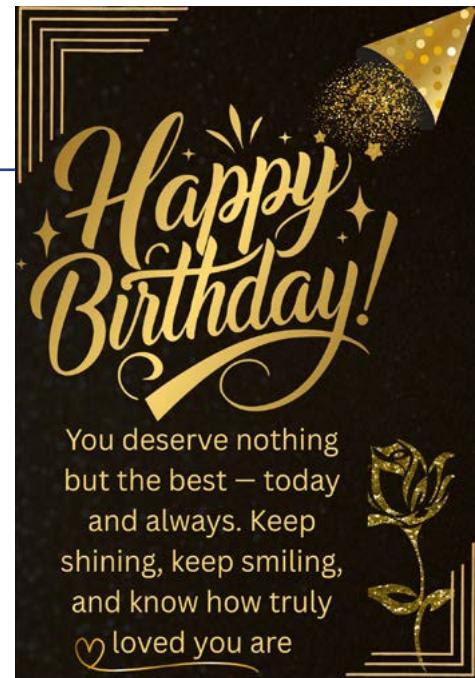
very foundation of fellowship.

Within our Rotary family, these traits shine brightly. February celebrants enrich our fellowship not only through their laughter and friendship but also by embodying the very heart of service above self. They remind us that true service flows from love—love for those we serve, love for the work we do, and love for the world we share. Their birthdays are not only personal milestones but also communal affirmations that Rotary thrives when its members give of themselves with sincerity and affection, offering their time and talent for the good of others.

History also tells us that February has given the world remarkable leaders, artists, and changemakers. Their lives testify that greatness often springs from a foundation of compassion and vision. In the same way, our February celebrants bring light and meaning to our circle. Their presence strengthens our bonds as friends and colleagues, while their dedication continues to move our mission forward in ways both big and small.

As we honor our February-born members, let us do so with warmth and gratitude. May their days be filled with health, laughter, and blessings. May their journeys with Rotary bring them ever closer to the fulfillment that comes from serving with love.

Indeed, February may be the shortest month of the year, but for our celebrants, it is rich with meaning. In their lives we see a living reminder that service, when rooted in love and fellowship, lasts far longer than any calendar can measure—and that joy, when shared, multiplies beyond imagination.



OUR FEBRUARY-BORN MEMBERS



PP Lani Fabi
February 01



Dir. Lorena Cachola
February 06



Dir. Glaiza Tan
February 09



PP Chris Peralta
February 25

R IN RETROSPECT

PURPOSE AND FELLOWSHIP CONVERGENCE

The General Assembly of the Rotary Club of Baguio, held on 31 January 2026 at the Pine Room of the Baguio Country Club, unfolded as a thoughtful convergence of fellowship, accountability, and shared purpose. Carefully coordinated by PP Benny Sunga, the gathering reflected not only the Club's disciplined conduct of affairs, but also the depth of its relationships and the quiet strength of its collective vision.

At exactly 12:30 pm, President Joe Ursua called the Assembly to order, marking the beginning of an afternoon grounded in participation and intent. PP Veeh led the opening segment with a clear and systematic introduction, guiding members through the program and underscoring the value of preparation and clarity in sustaining an effective organization.

The tone then shifted seamlessly from formality to vitality as Director Vell led a lively Zumba session. Laughter and movement filled the room, offering a refreshing reminder that Rotary life values balance—where service is enriched by wellness and shared joy. This was followed by the familiar *finest moments*, facilitated by PP Arnel, whose light-hearted fines for missing pins and patches playfully reinforced discipline and tradition.

Fellowship continued through a raffle conducted by Rtn. Annie, with the assistance of PP Arnel. Locally sourced items from Vigan were shared, simple gestures that carried with them warmth, generosity, and a sense of shared experience.

Members' Time opened space for reflection and forward thinking. PP Arnel announced an upcoming fellowship with Abong and Japanese guests scheduled for 12 February 2026, highlighting the Club's openness to cultural exchange. PP Veeh provided updates on preparations for the upcoming Club anniversary, inviting members to take collective ownership of the milestone. Director Noel shared progress on his collaboration with the City Government of Baguio and Mayor Benjamin Magalang, particularly the

planned installation of a biodegradable converter machine at City Hall's Materials Recovery Facility—an initiative signaling Rotary's growing role in innovative and sustainable governance. PP Chris Faelnar encouraged the exploration of modern membership strategies, including the use of social media, to ensure the Club's relevance to younger generations.

In President's Time, Pres. Joe offered a brief yet heartfelt reflection on unity and teamwork as the foundation of the Club's achievements. He led the Assembly in greeting January birthday celebrants Rtn. Annie and PP Mia, reinforcing the Club's culture of care. He also shared updates on recent service initiatives, including the distribution of clothes and masks at the Baguio Public Market, Benguet General Hospital, and Pangasinan Provincial Hospital—quiet acts of compassion responding to real community needs.

The latter portion of the Assembly focused on accountability. PP Arnel presented the Scholarship Committee's accomplishments and challenges, prompting a candid discussion on sustainability and direction. PP Chris Faelnar called for clearer guidelines and a more strategic approach to scholarship funding. In a moment marked by responsibility and transparency, PP Arnel announced his resignation as Scholarship Chair to allow the program to move forward with renewed direction.

PP and Secretary Cora followed with an administrative update on attendance, participation, and progress toward Club goals, while PP Marilyn delivered the Treasurer's Report, outlining the Club's financial standing and expressing gratitude to members who faithfully support the organization.

The Assembly concluded with the singing of the RCB Hymn and *Pilipinas Kong Mahal*—not merely closing a meeting, but reaffirming shared values, collective stewardship, and the enduring spirit of service that binds the Rotary Club of Baguio.



RTN. LEVY ORCALES

RCB Member since 2022

R RETROSPECT SCENES

SCENES WE LIKE TO SEE :



31 JANUARY 2026 MEETING



ORDER OF PRECEDENCE

ORDER OF PRECEDENCE FOR REGULAR MEETINGS (Rotary Club Level)

In every Rotary gathering, order and protocol are essential to maintaining the dignity of the meeting. One important guideline is the recognition of precedence among club officers and leaders. Observing this structure ensures clarity, respect, and harmony in the conduct of all activities.

At the **Rotary club level**, the **Order of Precedence** is as follows:

1. Club President
2. President-Elect
3. Vice-President
4. Secretary
5. Treasurer
6. Club Directors
7. Past Presidents, arranged in order of seniority
8. President-Nominee
9. Other Officers

It is important to remember that in a regular club meeting, the **highest-ranking official present is ALWAYS the Club President**. Even if the District Governor attends a club-level gathering, precedence within that meeting remains with the incumbent President of the club. **This principle safeguards the autonomy of each Rotary club.**

By contrast, at a **District-Level Function**, precedence shifts, and the highest authority is the **District Governor**. On such occasions, the Governor assumes the role of Presiding Officer and Guest of Honor, reflecting his or her responsibility to the district as a whole.

An equally important courtesy is to acknowledge that spouses hold the same rank as their partners. This recognition underscores Rotary's deep respect for family involvement and the support that spouses provide to Rotarians.

Adhering to this order of precedence avoids confusion, promotes mutual respect, and reflects the discipline expected of Rotarians. Proper observance of precedence strengthens the bond of order and respect in any Rotary meeting.

SEATING ARRANGEMENT DECORUM

Proper seating arrangements during Rotary meetings are not merely matters of convenience but are reflections of respect, order, and tradition.

When there is a **head table**, careful preparation is essential. The Program Coordinator, must plan in advance who will be seated there, always keeping in mind the significance of each individual's presence. Forgetting or overlooking someone who rightfully belongs at the head table could unintentionally cause offense.

The **Club President**, who presides at the meeting, traditionally sits at the **center of the head table**. However, if the number of chairs is evenly divisible by two, the President should occupy the **left-center chair**, facing the audience. To the immediate right of the President is placed the **Guest of Honor or Speaker**, as this seat is considered the position of highest distinction.

From that point, seating proceeds alternately—first to the President's left, then to the right, and continuing outward from the center. This pattern follows the recognized Rotary **Order of Precedence**, ensuring fairness and proper acknowledgment of rank and responsibility.

Attention should also be given to the balance of gender representation at the head table. As much as possible, men and women should be seated alternately. However, a husband and wife must not be seated next to each other at the head table. Should circumstances force this arrangement, the wife should instead be seated elsewhere, even if doing so temporarily disturbs strict adherence to rank.

Finally, as a gesture of deep respect, **women should never be placed at either end of the head table**. These positions are considered less honorable, and Rotary tradition calls for thoughtful recognition of women's contributions by ensuring they are given more prominent placement.



THE QUIET WORK OF A MEANINGFUL LIFE

A meaningful life is often portrayed as something grand—an achievement to pursue or a peak to conquer. But the older I grow, the more I realize that life's deepest meaning is shaped not by dramatic moments, but by the quiet work we do each day. These are the small decisions, the unspoken kindnesses, the responsibilities we carry even when no one is watching. They rarely earn applause, yet they mold our character in steady, enduring ways that stay with us longer than any award or public recognition.

Rotary has always understood this truth. Our most impactful efforts are seldom the ones splashed across social media or highlighted in speeches. Instead, they are the modest actions contributed by many hands working together: showing up at early meetings, packing supplies for a community, mentoring younger members, or simply listening when someone needs encouragement. It is in these humble, everyday moments that the Rotary spirit truly shines brightest, illuminating the path of service with sincerity and quiet purpose.

Young and senior Rotarians alike learn that meaning grows in the soil of consistency. You cannot rush it, nor can you fake it. It develops slowly, like a plant watered daily with patience, sincerity, and genuine goodwill. And in the quiet work—when we help without needing recognition, when we step in because it feels right, when we offer something of ourselves with no expectation of return—we find a deep sense of purpose that is richer than any material reward we might receive from the world.

Life's pace today often pushes us toward busyness, not meaningfulness.

There is a difference. Busyness fills time; meaning fills life. Rotary helps us choose the latter. It gives us a place where small efforts matter, where simple presence counts, and where a single moment of generosity can ripple further than we expect or even imagine. In these moments, we discover that meaning is built moment by moment, choice by choice, in the quiet corners of our daily routines.

Some of the most inspiring Rotarians I know are not those who speak the loudest or lead the biggest projects. They are the quiet workers—the ones who help set up chairs before a meeting, who make newcomers feel welcome, who step in gently when something needs to be done. They may not seek attention, yet their impact is deeply felt. They remind us that significance does not always announce itself; sometimes, it whispers with a gentle strength that lasts.

As seniors, we often look back and wonder which parts of our life held the most meaning. It is rarely the awards or achievements that stand out. Instead, we remember the relationships we built, the people we uplifted, and the steady commitments we honored. Younger Rotarians, too, will one day discover that meaning is something we craft slowly through the quiet work of caring, serving, listening, guiding, and giving wholeheartedly.

So let us embrace the gentle truth that meaning does not demand fanfare. It grows in the steady rhythm of service, the soft hum of fellowship, and the simple effort of doing what is right. And in this quiet work, we find a life not just lived—but deeply, sincerely, and beautifully felt.



PP RAFFY CHAN

Cañao Editor-in-Chief

RY 2025-2026

PROGRAM FOR TODAY

REGULAR MEETING at the BCC Pine Room (Training Center)

Saturday, 07 February 2026

TIME	PORTION	IN CHARGE
12:00 nn	Fellowship	
12:30 pm	Call to Order	Pres. Joe Ursua
	Invocation	Rtn. Bong Naguit
	Pambansang Awit	(Everyone)
	Rotary Hymn	(Everyone)
	Four-Way-Test	(Everyone)
1:20	Introduction of Visiting Rotarians & Guests (VRG)	Rtn. Vangie Cacho
	Entertainment	Rtn. Harly Wasing
	Finest Moments	PP Chris Faelnar
	Raffle	PE Reymund Barrios
1:40	Members' Time	(Anyone)
1:50	President's Time	Pres. Joe Ursua
1:55	Introduction of Club Honored Speaker (CHS)	
	Classification Talk	Rtn. Annie Viernes
	Open Forum	
2:30	RCB Hymn	(Everyone)
	Pilipinas Kong Mahal	(Everyone)
	Adjournment	Pres. Joe Ursua
	Program Coordinator	PP Lani Fabi
	Retrospect	PP Libby Fernandez
	Imager	Rtn. Peter Wasing

PARTICIPANTS FOR NEXT MEETING

REGULAR MEETING at the BCC Wolfson Room

Saturday, 14 February 2026

Program Coordinator ----- PP Alfred Laygo
Invocation ----- Dir. Glaiza Tan
Introduction of VRG ----- PP Atom Mendalla
Entertainment ----- Rtn. Tonton Tan
Raffle ----- PP Baby Kaur
Finest Moments ----- PP/Sec. Cora Ocampo

Meeting Agenda:
VALENTINE FELLOWSHIP
& QUARTER BIRTHDAY CELEBRATION

Retrospect ----- PE Reymund Barrios
Imager ----- Rtn. Peter Wasing

FEBRUARY IS PEACEBUILDING & CONFLICT PREVENTION MONTH